



St Damian's Catholic Church

<https://www.melbcatholic.org/s/bundoora>

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P.O. Box 63 (5 Settlement Road)
BUNDOORA, 3083

Fr Joseph Dong Tran PP

Dianne Stubbs

Parish Secretary

Telephone: 9467 2797

Email: bundoora@cam.org.au

WELCOME TO ST DAMIAN'S

WEEKENDS

Saturday Evening: 5.30pm

Sunday Morning: 8.00am & 10.00am

WEEKDAYS

Monday: no Mass

Tuesday: 9.15am

Wednesday: 9.15am

Thursday: 9.15am & Divine Mercy

Friday: 9.15am

First Saturday: 9.15am Mass & Divine Mercy

RECONCILIATION

Saturdays 5.00pm and First Friday 10.00am

BAPTISMS

1st & 3rd Sunday at 11.30am after Mass.

Preparation 1st Wednesday each month at 6.30pm in the Dunlop Room. Parents must contact the Parish Office to make necessary arrangements. One month notice is required.

ST. DAMIAN'S SCHOOL

Principal: Mrs Rosanna Piccolo

Telephone: 9467 8566

Email: principal@sdbundoora.catholic.edu.au

HOLY HOUR

One hour of Novena, Confession and Benediction after morning Mass on the first Friday of the Month.

MARRIAGES

Those intending to marry at St. Damian's should arrange to meet the Parish Priest at least 6 months in advance of the proposed date.

St. VINCENT DE PAUL SOCIETY

All enquiries: 1300 305 330

14th SUNDAY IN ORDINARY TIME, 5th JULY 2026

THIS WEEKEND

Zech 9:9-10

Rom 8:9, 11-13

Mt 11:25-30

NEXT WEEK

Is 55:10-11

Rom 8:18-23

Mt 13:1-23

SRI LANKAN SINHALESE MASS

Every Third Sunday :

Rosary 6.30pm and followed by Mass.

Enquiries : Winifred 0425880611

DATES TO REMEMBER

Sat 11th July: St Benedict

GOSPEL ACCLAMATION

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.

Alleluia!

PSALM

I will praise your name for ever, my king and my God.

I will give you glory, O God my king, I will bless your name for ever. I will bless you day after day and praise your name for ever.

I will praise your name for ever, my king and my God.

The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures.

All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God.

The Lord is faithful in all his words and loving in all his deeds. The Lord supports all who fall and raises all who are bowed down.

I will praise your name for ever, my king and my God.

Recent Deaths: Priscillia Acosta Min Pobtele, Emilio Cuomo

Anniversaries: Frank Trani, Marcolina Lucci, Salvatore Merlino (30th Anniversary), Vittorio Gizzi, Irma Gizzi Antonio Gizzi

Sick : Diana Whylley, Susie, Moding Ilanto, Vlad, Joe, Joe Pavletic, Marie Lazatin

CHURCH PRIVACY POLICY: In 2001, the Commonwealth and Victorian Governments introduced legislation that deals with the manner in which public and private sector organisations may record, use, store and disclose information, including health, collected from individuals. The Catholic Parish of St. Damian's Bundoora is committed to upholding the Privacy principles set out in the legislation.

Gospel Reflection – 14th Sunday in Ordinary Time (Year A)



Dear friends in Christ Jesus, today's Gospel contains one of the most beautiful and comforting invitations Jesus ever gives us: **"Come to me... and I will give you rest."**

Every one of us carries burdens. Some carry worries about their family. Others struggle with illness, loneliness, financial pressure, disappointment, or grief. Some carry burdens that no one else can see—a broken heart, anxiety, guilt, or fear about the future.

Jesus does not say that life will be free from suffering. Instead, He promises something even greater: **we never have to carry our burdens alone.**

How can we accept His invitation? Let me suggest three simple ways.

First, bring your burdens to Jesus, not just your requests.

Very often our prayers become a list of things we want God to fix. But Jesus first says, **"Come to me."** Spend a few quiet minutes with Him each day, in church, before a crucifix, or during a peaceful walk. You do not need many words. Simply be with Him and allow Him to be with you.

Remember: **peace comes not from having no burdens, but from knowing who carries them with us.**

Second, strengthen the relationships that give life.

God created us for relationship—with Him, with our family, with our community, and even with His beautiful creation. When one of these relationships is neglected, our hearts become restless.

That is why many people try to fill the emptiness with endless entertainment, social media, shopping, or other distractions. These may occupy our minds for a while, but they cannot satisfy the deepest longing of our hearts.

This week, ask yourself: Have I spent time with my family? Have I encouraged someone who is lonely? Have I made time for prayer? Small acts of love rebuild a peaceful heart.

Third, learn from the gentle and humble Heart of Jesus.

Jesus says, **"Learn from me, for I am gentle and humble of heart."** Much of our stress comes from trying to control everything ourselves. Humility means trusting that God is in charge. Gentleness means treating others with patience, kindness, and forgiveness. A gentle heart is a peaceful heart because it rests in God.

My brothers and sisters, today Jesus is speaking personally to each one of us: **"Come to me... and I will give you rest."**

Whatever burden you brought to this Mass, do not take it home alone. Place it at the feet of Jesus. Walk with Him every day, cherish the people He has given you, and learn from His gentle and humble heart.

When Christ carries the cross with us, the burden becomes lighter, hope becomes stronger, and our hearts discover the lasting peace that only He can give. Amen.

Fr Joe Dong Tran P.P

ROSTER 11th & 12th July 2026

Time	READERS	EUCCHARIST
5.30pm	P. Cosgrave S. Gooneratne	L. Robinson M. Jones L. Gooneratne
8.00am	J. North C. Love	A. Brammer M. Harrison M. Sweetman
10.00am	J. Capuana K. Mangubat	P. Del Popolo W. Mc Eleney J. Tonkin

COUNTERS

W. Fernando
T. Garcia

SUPERVISOR

M. Sweetman



Readers & Eucharistic Welcomers

Please gather together
in the Church
about 5 minutes
before Mass.

Eucharistic Ministers

Please remember
you are also welcoming
Parishioners & visitors
& handing out the
newsletter.

We acknowledge the traditional custodians of the land on which we stand, the WURRUNDJERI People. We pay our respects to them for their care of the land. May we walk gently and respectfully upon the land.



Safeguarding of children and vulnerable young people

As required by law, we as the Church and Parishes have a moral, legal and ethical responsibility to care for, and promote the wellbeing of children and young people, and protect them from harm or abuse. Therefore while in church or on parish grounds: **Please ensure you know exactly where your child is if they're not beside you. *Please accompany your child (16 years and younger) if they need to leave the church for any reason (eg: going to toilet or car, etc...) *Children should never be alone in the car park or playground. *Please keep valuable personal belongings with you (purses, glasses, phones, etc...) and double check before leaving your seat, even briefly during Communion*

MASS FOR MARRIAGE ANNIVERSARIES

Sunday 12 July 2026 | 11.00 am | St Patrick's Cathedral

Celebrating 5, 10, 15, 20, 25, 30, 35, 40+ years of marriage? Join us with your family for this special Mass. Registered couples will receive a commemorative certificate.

Register by **Tuesday 7 July**. For enquiries, email proclaim@cam.org.au or visit: <https://melbournecatholic.org/events/mass-for-marriage-anniversaries-2026>.

Formation Day for Readers & Eucharistic Ministers

Dear Volunteers,

I warmly invite all Readers and Extraordinary Ministers of Holy Communion to our annual Formation Day on **Saturday, 1 August**.

As it is the First Saturday, Mass will be celebrated at **9:15 am**, followed by formation sessions, a time for questions and answers, and a cuppa in the Dunlop Room. Attendance at Mass is encouraged but not compulsory.

This annual gathering is an important opportunity to renew our ministry, deepen our understanding, and grow together in faith and service. All volunteers are strongly encouraged to attend.

Thank you for your generous service. God bless.

St Vincent De Paul Winter Appeal

Dear Parishioners,

On the 11th & 12th July weekend Masses we will be collecting for St Vincent De Paul.

Our Parish is supporting the SVDP Winter Appeal. Each year, our winter appeal plays a vital role in enabling the good work of the Society and your support, we hope to achieve a strong result so we can continue serving the community.

St Vincent De Paul supplies those with assistance including food, clothing, furniture and financial support, to families and households in need throughout Victoria. With the current Homelessness crisis, the assistance we provide for people experiencing hardship this winter will be needed more than ever.

Parishioners are encouraged to donate generously to help continue the Society's good work of helping those in need.

Godfrey Spiteri

Donation to Renovate the Kitchen

Dear Parishioners and Visitors,



As noted in recent parish bulletins, I invite you to support the renovation of our Piety Shop into a simple hospitality space where parishioners and visitors can enjoy tea or coffee after Mass.

If you would like to contribute, please contact the Parish Office on **03 9467 2797** or donate via:

Church Supplies Account: BSB – 083347; ACC - 887187952.

Donors contributing **\$5,000 or more** may, if they wish, have their names acknowledged on a commemorative plaque in the kitchen.

Thank you for your generosity and support.

St Damian's Church Bundoora

Cans and Container Donation



Thankyou to everyone who donates using the QR Code on this page. All money raised goes to St Damian's Parish.

St Damian's Parish Prayer

Lord, our God, your parish family thanks you for the faith we all share.

Make us a people who care for one another and may we have a genuine concern for the wider community.

Help our parents to give good example;
Give our children the grace of love and respect.
Fill our youth with wisdom, hope and vision;
Their Leadership is the future of our Church and our Nation.
To our sick- grant health;
To those of advancing years-serenity;
And to those in sorrow- your peace and joy.

Lord, our God, deepen our love and strengthen our faith.
Jesus, nourish us with your Word and Eucharist.
Holy Spirit, direct us in all we do and help us to say always:

"Lord, it is good for us to be here."

This is our home, be with us as we continue to build your kingdom on earth.

St Damian Pray for us

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