

P. The Lord be with you.
R. And with your spirit.

P. A reading from the holy Gospel according to Matthew.

R. Glory to you, O Lord.

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH (Nicene Creed)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. May this oblation dedicated to your name purify us, O Lord, and day by day bring our conduct closer to the life of heaven.
Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.
R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:

All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven ...

P. Deliver us, Lord, we pray...

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said...

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace.

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON

Ps 33:9

Taste and see that the Lord is good; blessed the man who seeks refuge in him.

PRAYER AFTER COMMUNION

P. Grant, we pray, O Lord, that, having been replenished

by such great gifts, we may gain the prize of salvation and never cease to praise you.

Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

BREAKING OPEN THE WORD

COMFORT AND REST

At times life seems burdensome and overwhelming. Depending on where we live in the world or what's been happening to us, this burden can be almost impossible to carry. Today's Gospel offers us—and for those countless numbers in other parts of our world who are faced with suffering, starvation, even death—a consoling and necessary word. We are privileged listeners to Jesus' prayer to the Father. It is, characteristically, in the style of a Jewish blessing prayer, given Matthew's Jewish audience.

The prayer praises God for disrupting social favouritism in favour of children. These are the 'little ones' from last week's Gospel. For Matthew, the socially unaccepted and rejected ones are those whom God blesses with wisdom and insight. This is divine revelation that comes from Jesus through his communion with God.

The final part of today's Gospel is worthy of lingering contemplation. Jesus invites all who listen to the Gospel—and that includes us—to allow him to shoulder our burdens and concerns. He models for us how to be. He is 'gentle and humble of heart'. The evangelist draws Jesus' self-description from the wisdom writings of the First (Old) Testament. It is this wisdom in which souls find comfort and rest. It is a 'yoke' that is easy to bear. Into this welcoming and restful presence, we are invited in our Sunday celebrations of the Eucharist.

FR MICHAEL TRAINOR

A SERVICE OF THE SOCIETY OF ST PAUL

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ST MARY'S PARISH, DANDENONG—160 FOSTER STREET, DANDENONG

OUR SUNDAY CELEBRATION

TEL: 9791-4611/OFFICE HOURS 9AM-3PM TUESDAY-FRIDAY/EMAIL: dandenong@cam.org.au

FOURTEENTH SUNDAY IN ORDINARY TIME / A

5 JULY 2026

MY YOKE IS EASY. During the Vietnam war a soldier once saw a boy carrying a child on his back. 'He must be heavy,' the soldier remarked. 'He's not heavy,' the boy replied, 'he's my brother.' Hopefully, we experience the yoke of Jesus as light and easy. Serving others and living the Gospel can be burdensome at times but it also brings freedom and joy to our hearts and rest for our souls.

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 47:10-11

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The Lord be with you.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries. P. Lord Jesus, you have revealed yourself as the way to the Father: Lord, have mercy.

R. Lord, have mercy.

P. You have poured out on your people the Spirit of truth: Christ, have mercy.

R. Christ, have mercy.

P. You are the Good Shepherd, leading us to eternal life: Lord, have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slavery to sin you bestow eternal gladness.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

Zech 9:9-10

A reading from the prophet Zechariah

See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem!

See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey.

He will banish chariots from Ephraim and horses from Jerusalem;

the bow of war will be banished.

He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.'

The word of the Lord.

R. Thanks be to God.

RESP PSALM Ps 144:1-2, 8-11, 13-14. R. v. 1

R. I will praise your name for ever, my king and my God. (or Alleluia!)

1. I will give you glory, O God my King, / I will bless your name for ever. / I will bless you day after day / and praise your name for ever. **R.**

2. The Lord is kind and full of compassion, / slow to anger, abounding in love. / How good is the Lord to all, / compassionate to all his creatures. **R.**

3. All your creatures shall thank you, O Lord, / and your friends shall repeat their blessing. / They shall speak of the glory of your reign / and declare your might, O God. **R.**



4. The Lord is faithful in all his words / and loving in all his deeds. / The Lord supports all who fall / and raises all who are bowed down. **R.**

SECOND READING

Rom 8:9, 11-13

A reading from the letter of St Paul to the Romans

If by the Spirit you put an end to the misdeeds of the body, you will live.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

cf. Mt 11:25

Alleluia, alleluia! / Blessed are you, Father, Lord of heaven and earth, / you have revealed to little ones the mysteries of the kingdom. / Alleluia!

ST MARY’S PARISH, DANDENONG

PARISH PRIEST: Fr. Sebastian Arockia **ASSISTANT PRIEST:** Fr. Vincent Nguyen
Parish Website: <https://melbcatholic.org/s/dandenong> **Facebook:** St Mary’s Parish Dandenong
Parish Phone: 9791-4611 **Email:** dandenong@cam.org.au **Address:** 160 Foster Street, Dandenong
PARISH SECRETARY: Franca Van Boxtel **FINANCE OFFICER:** Deslene de Niese
Office Hours: Tuesday-Friday 9:00am-3:00pm **(MONDAYS OFFICE CLOSED)**
PARISH COMMUNITY CENTRE MANAGER: Mr. Miguel Matamala
St. Mary’s Community Centre Tel: 7064 3928 or 0402 155 192

St. Mary’s Primary School Phone: 9791 7650, New St, Dandenong. **Principal:** Terry Gardiner
St. John’s Regional College Phone: 8793 2000, Caroline St, Dandenong. **Principal:** Timothy Hogan



WEEKEND MASS TIMES
Saturday Morning: 9.15am
Saturday Evening: 6.00pm
Sunday: 8.30am, 10.30am and 5.30pm

WEEK DAY MASS TIMES
Monday to Friday: 9.15am
Friday (9.45am –12.30pm Exposition of Blessed Sacrament, concluding with Benediction at 12.30pm)

ANNOINTING MASS
Last Friday of every month 9.15 am

DAILY ROSARY
After morning Mass Mon-Sat (Fridays will be before Mass)

RECONCILIATION
Saturday after 9.15am or upon request

BAPTISM, MARRIAGE OR HOUSE BLESSING
Please contact the Parish Centre on 9791 4611

COMMUNION AND ANOINTING OF SICK
Please inform the Parish Office on 9791-4611 if a sick person is seriously ill, homebound or hospitalised and wants to receive Holy Communion or the Sacrament of Anointing.

REGULAR GROUP MEETING ST MARY’S PARISH

LEGION OF MARY:
Saturday mornings after 9:15am mass in the Fellowship Room followed by Rosary

SPANISH PRAYER GROUP :
Wednesday evenings at 7pm in the church

ST MARY’S FRIENDSHIP CLUB:
3rd Wednesday of month lunch meet at Dandenong RSL.12pm

BINGO AT ST MARY’S
St. Mary’s Bingo is on Tuesdays at 12noon & Saturdays at 6.30pm in St Mary’s Community Centre, New St, Dandenong

BECOME A CATHOLIC – RCIA 2026

The RCIA (Rite of Christian Initiation of Adults) is the process by which adults formally join the Catholic Church.

You are welcome to explore RCIA if you are:

- Not baptised
- Baptised in another Christian denomination and interested in becoming Catholic
- Married to a Catholic and attending Mass
- Baptised Catholic but have not yet received the Sacrament of Confirmation

Information Sessions
You are invited to attend one of our information sessions to be held in the Parish Office Meeting Room

- **Saturday 18 July 2026, 7:00pm**
- **Saturday 25 July 2026, 7:00pm**

These sessions will explain the RCIA journey and give you a chance to meet the RCIA team.

RCIA Preparation Classes

- Begin: **Saturday 8 August 2026, 7:00pm**

Contact: Parish Office: 9791 4611 Email: dandenong@cam.org.au
Everyone is welcome to attend an information session or make enquiries.



THIS WEEKEND WE HAVE A COLLECTION FOR PETER’S PENCE
WHAT IS “PETER’S PENCE”?

Peter’s Pence is a **DONATION** that may be small in amount but has a profound symbolic value. It expresses **LOVE AND TRUST** in the Holy Father as the successor of Peter.

It is a gesture of **communion** with the Holy Father. It is a concrete way of **participating** in his mission to bring the Gospel and to spread charity and hope throughout the world. It is a sign of **belonging to** and of **sharing** responsibility within the Church.



SACRAMENT OF RECONCILIATION—Please note that Confession **WILL NOT** be heard before the 6:00pm Saturday evening Mass. Confession times are **Saturday:** After the 9:15am Mass **Weekdays (Tuesday–Friday):** After the 9:15am Mass, upon request Parishioners are kindly invited to approach the priest after Mass if they wish to receive the Sacrament of Reconciliation.

PLEASE PRAY FOR

Recently Deceased: Giorgio Giudice, Clency Latchigadoo,
Anniversaries: Alister & Terence Peters, Wendy Mendonca, Chrispin Jose D’Souza, Denise Tonta

Sick: Rosa Maria Santos, Long Phan, Ush Henry Bangkal, Leti Luki, Kathleen Nelson, Jim Lynch, Bernardo, Ray Gilligan, Frank Pezzaro, Janet Augustine, Bridget Phyland, Solofuti, Samantha Vasanthy, Kevin, Maria Perez, Angela Anthony, Ray Simmons, Frank Camara, Rita Breen, Tasileta Lolesio, Jim, Lucia Germano, Imelda Quatre-bornes, Sandra Wills, Maddie, Herve, Asis Zullah, Nacera Burekovic, Charlie Mastrogiovanni, Carla Lunardi, Russell D’Costa, Satty Lee, Ping Lo, Robyn, Fr Brendan Lane, Anne Richards, Gervais Tourmentin, Ashleigh Wills, Anthony Morri, Lyma Payne, Eva Salvacion Satui-to, Fr Michael Willemsen, Vreni Bien, Rosario Giaquinta, Joanna Van Der Ven, Ricky, Fr Tad Ziolkowski, Robyn Campbell(*The privacy legislation requires us to have written permission by an authorised person before any name can be printed*) **in the Marian.** (IF THERE ARE ANY NAMES THAT NEED TO COME OFF THE SICK LIST PLEASE CONTACT THE PARISH OFFICE)

Vincent de Paul & Parish Bingo Volunteers are needed. If you can help, please contact **Jim Houlahan on 0425 789 455.**



ST MARY’S SOCIAL CLUB,
St Mary’s Community Centre, 26 New Street, Dandenong **Every 2nd Thursday of the Month** 11:30am-2:30pm
Please write your name on sign up sheet in church foyer for catering purposes Or contact

SAVE THE DATE



FATHER’S DAY DINNER DANCE—FRIDAY 4TH SEPTEMBER
MELBOURNE CUP DINNER DANCE—FRIDAY 30TH OCTOBER
NEW YEAR’S EVE DINNER DANCE—THURSDAY 31ST DECEMBER

God and Beer - Tuesday 14 July at Dunlop Pavilion DW Lucas Oval, Dunlop St, East Malvern. Drawing on his experience as a priest, author, chaplain, and missionary, Fr James Grant will speak about what he calls “Creative Catholicism” — a practical and hopeful vision for renewing Catholic life in Australia. He will explore how Catholics can respond creatively and courageously to the challenges of modern society, how parishes can become centres of mission and culture again, and why the Church must recover a strong sense of purpose and identity if it is to flourish in the future. Please register at Godandbeer.com.au

**LEGION OF MARY—PILGRIM STATUE-** The purpose of the Pilgrim Virgin Statue visit is to encourage families to pray together, with a special emphasis on the Rosary. Members of the Legion of Mary will bring the statue of Our Lady of Fatima into your home, pray the Rosary with you, and leave the statue with your family for approximately one week. You may wish to schedule the visit for a special occasion such as a wedding anniversary, birthday, wedding, the anticipation of a new baby, moving into a new home, or the loss of a loved one. Other suitable occasions include feast days, or simply any time you feel called to prayer. If you would like to host the Pilgrim Virgin Statue in your home, please get in touch with: **Narciso 0421 495 048 or Esmenia on 0452 025 453**

PARISH SYNOD CORNER

35. Synodality and courage
Listening honestly may reveal uncomfortable truths. Synodality requires courage to face them with faith.

36. Synodality is a long journey
A Synod is not a one-time event. Synodality is a way of life that unfolds over time.

37. Synodality and renewal
Renewal does not come from programs alone but from transformed relationships. Synodality nurtures those relationships.

38. Synodality and mercy
Listening with compassion reflects the mercy of Christ, who always began with encounter.

WEEKLY COLLECTION

Thanksgiving: \$1312.20 **Loose Collection:** \$991.25 **Presbytery Envelopes:** \$847.65 **Presbytery Loose:** \$1626.45
Support our Parish If you would like to make direct payments to our bank accounts, the details are:
St Mary’s General Account: (Thanksgiving & Donations) NAB BSB: 083 347 ACC. No. 483196852
For contributions to support our priests and the Archdiocese:
Presbytery Account: NAB BSB: 083 347 ACC. No. 460761193

St. Mary’s Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adult