

OUR SUNDAY CELEBRATION

TEL: 9791-4611/OFFICE HOURS 9AM-3PM TUESDAY-FRIDAY/EMAIL: dandenong@cam.org.au

THE MOST HOLY BODY AND BLOOD OF CHRIST / A

7 JUNE 2026

Jesus said to the Jews:

‘I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.’

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH (Nicene Creed)

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I OR II OF THE MOST HOLY EUCHARIST

After the Preface, we sing or say:

All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven ...

P. Deliver us, Lord, we pray...

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said...

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON

Jn 6:57

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

P. Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

R. Amen.

P. Go in peace, glorifying the Lord by your life.

R. Thanks be to God.

BREAKING OPEN THE WORD

THE LIVING BREAD

Have you ever sat at the deathbed of someone you love, or looked at media reports of destruction of people's houses and living quarters in parts of the world dominated by violence, or realised the effects of global warming, or seen the tragedy of life in the faces of the young that flash across our TV screens? In our depths, we desire life; life for those who are dying, for those close to us, for those whose lives are tragically shortened by war, for our natural world, for the young.

This very theme is the focus of today's Gospel text from John 6. Called the 'bread of life discourse', this chapter unpacks John's theology of the Eucharist. The final section of this long Chapter is about the life that Jesus offers. This life comes from the 'living bread which has come down from heaven'. This is a rich theological symbol at many levels: it is the life, the 'bread', given to the Jews through God's gift to them in the Torah (the first 5 books of the Bible). There they find how to live in covenantal partnership with God; it is the wisdom that comes from Jesus' teaching; it is the Eucharistic bread received into the community in the celebration of the Lord's Supper.

The reality of this symbol is underscored using the word 'flesh'—another rich symbol emphasising Jesus' presence in its abundance. To eat this eucharistic bread and drink his blood offers communion with him in his fullness, and the promise of a life that will outlive the grave and any suffering and tragedy that confronts. Communion with him brings us true life.

FR MICHAEL TRAINOR

A SERVICE OF THE SOCIETY OF ST PAUL

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FOR THE LIFE OF THE WORLD. When we eat the flesh of Jesus and drink his blood in Eucharistic communion, we share in his very life, a life poured out for all on the cross. As we gratefully receive this food of eternal life, we are called in turn to pour out our lives in loving service to our brothers and sisters.

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 80:17

He fed them with the finest wheat and satisfied them with honey from the rock.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. Grace to you and peace from God our Father and the Lord Jesus Christ.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries. P. You were sent to heal the contrite of heart: Lord have mercy.

R. Lord, have mercy.

P. You came to call sinners: Christ have mercy.

R. Christ, have mercy.

P. You are seated at the right hand of the Father to intercede for us: Lord have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING Deut 8:2-3, 14-16

A reading from the book of Deuteronomy
He gave you food which you and your ancestors did not know.

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

The word of the Lord.

R. Thanks be to God.

RESP PSALM Ps 147:12-15, 19-20. R. v. 12

R. Praise the Lord, Jerusalem. (or Alleluia!)

- O praise the Lord, Jerusalem! / Zion, praise your God! / He has strengthened the bars of your gates, / he has blessed the children within you. **R.**
- He established peace on your borders, / he feeds you with finest wheat. / He sends out his word to the earth / and swiftly runs his command. **R.**
- He makes his word known to Jacob, / to Israel his laws and decrees. / He has not dealt thus with other nations; / he has not taught them his decrees. **R.**

SECOND READING

1 Cor 10:16-17

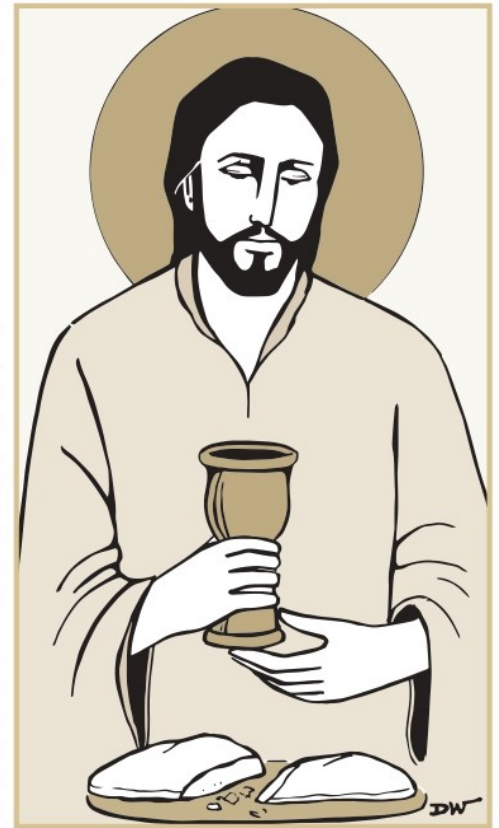
A reading from the first letter of St Paul to the Corinthians

Though we are many, we form a single body because we share this one loaf.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord.

R. Thanks be to God



SEQUENCE

Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children meant,
That may not unto dogs be given:

Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from heaven.

Come then, good shepherd, bread divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;

O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen guest,
Co-heirs of thine, and comrades blest
With saints whose dwelling is with thee.

GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia! / I am the living bread from heaven, says the Lord; / whoever eats this bread will live for ever. / Alleluia!

GOSPEL

Jn 6:51-58

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according to John.

R. Glory to you, O Lord.

My flesh is real food and my blood is real drink.

ST MARY'S PARISH, DANDENONG

PARISH PRIEST: Fr. Sebastian Arockia **ASSISTANT PRIEST:** Fr. Vincent Nguyen
Parish Website: <https://melbcatholic.org/s/dandenong> **Facebook:** St Mary's Parish Dandenong
Parish Phone: 9791-4611 **Email:** dandenong@cam.org.au **Address:** 160 Foster Street, Dandenong
PARISH SECRETARY: Franca Van Boxtel **FINANCE OFFICER:** Deslene de Niese
Office Hours: Tuesday-Friday 9:00am-3:00pm **(MONDAYS OFFICE CLOSED)**
PARISH COMMUNITY CENTRE MANAGER: Mr. Miguel Matamala
St. Mary's Community Centre Tel: 7064 3928 or 0402 155 192



St. Mary's Primary School Phone: 9791 7650, New St, Dandenong. **Principal:** Terry Gardiner
St. John's Regional College Phone: 8793 2000, Caroline St, Dandenong. **Principal:** Timothy Hogan

WEEKEND MASS TIMES

Saturday Morning: 9.15am
Saturday Evening: 6.00pm
Sunday: 8.30am, 10.30am and 5.30pm

WEEK DAY MASS TIMES

Monday to Friday: 9.15am
Friday (9.45am –12.30pm Exposition of Blessed Sacrament, concluding with Benediction at 12.30pm)

ANNOINTING MASS

Last Friday of every month 9.15 am

DAILY ROSARY

After morning Mass Mon-Sat (Fridays will be before Mass)

RECONCILIATION

Saturday after 9.15am or upon request

BAPTISM, MARRIAGE OR HOUSE BLESSING

Please contact the Parish Centre on 9791 4611

COMMUNION AND ANOINTING OF SICK

Please inform the Parish Office on 9791-4611 if a sick person is seriously ill, homebound or hospitalised and wants to receive Holy Communion or the Sacrament of Anointing.

REGULAR GROUP MEETING ST MARY'S PARISH

LEGION OF MARY:

Saturday mornings after 9:15am mass in the Fellowship Room followed by Rosary

SPANISH PRAYER GROUP :

Wednesday evenings at 7pm in the church

ST MARY'S FRIENDSHIP CLUB:

3rd Wednesday of month lunch meet at Dandenong RSL.12pm

BINGO AT ST MARY'S

St. Mary's Bingo is on Tuesdays at 12noon & Saturdays at 6.30pm in St Mary's Community Centre, New St, Dandenong

COLLECTIONS

Parish Update – Two Collections

Due to the CatholicCare Appeal this weekend, the commencement of the new parish two collections has been postponed to the weekend of **11–12 June**. We apologise for any confusion and thank you for your understanding.

CatholicCare Victoria Sunday Appeal – This Weekend

This weekend we support the CatholicCare Victoria Sunday Appeal. The Appeal helps provide compassionate care and practical support to individuals and families in our community who are experiencing hardship.

Your generosity is greatly appreciated.

Ways to donate: Appeal envelope available in the church foyer
Online at www.catholiccarevic.org.au or by phone: (03) 9967 2515
“For I was a stranger and you welcomed me.” (Matthew 25:35)

FEAST OF ST ANTHONY OF PADUA—SAT 13TH JUNE 2026 **9:15AM MASS & BLESSING OF BREAD (St Mary's Parish)**

St. Anthony's Bread is an expression of devotion reminding of St. Anthony's love and aid to the poor when he was alive. The tradition dates back to the 13th century, stemming from a story when a young child fell into a barrel of water and drowned. The mother begged St. Anthony to help, promising to donate grain the weight of her child to the poor if her daughter was restored. The child arose as if asleep, and this began giving alms to the poor for favors in St. Anthony's intercession.

The actual name of "St. Anthony's Bread" came from a French woman named Louise Bouffier in 1890, who promised loaves of bread for the poor when St. Anthony helped her with opening the broken lock of her small linen shop. After his help, her shop was the basis of St. Anthony's Bread.

In some places the term "St. Anthony's Bread" refers merely to alms and there is no actual bread exchanged, but money given to the poor will help them buy food.

Prayer:

Heavenly Father, we praise you and give you glory for the gift of bread, fruit of the earth, work of human hands and source of our daily nourishment. Bless + this bread in honor of St. Anthony.

Teach us to share all your gifts with the poor, the forsaken and the hungry. All praise be to you through Jesus Christ, our Savior, in the unity of the Holy Spirit, one God, for ever and ever.

R. Amen.



DANDENONG DEANERY The Deanery council is conducting a talk on ‘The Voices That Echo the Glory of God through Peace & Mercy’ Event will be held on **WEDNESDAY, 17th June, 2026** at **GRADUATE RESTAURANT (St John's Regional College, Caroline Street, Dandenong)** The night will commence at 5.30pm for a 5.45pm start. Cost is \$48per person (includes a 3 course meal and a glass of wine/ beer) This invitation is open to all who are interested. Please contact Paddy on 0422 296 961 or email to dandenongdeanery@live.com.au

PLEASE PRAY FOR

Recently Deceased: Majorie Puvi, Lilly Noronha

Anniversaries: Neil Kirpalani, Carolina Hinnestrosa, Blanche & Rex Moses, Rita & Ivan Ambrose, Tina Giaquinta, Paul John Richardson, Francis Woods, Robyn Hearl, George Gamble

Sick: Rosa Maria Santos, Long Phan, Ush Henry Bangkal, Leti Luki, Kathleen Nelson, Jim Lynch, Bernardo, Ray Gilligan, Frank Pezzaro, Janet Augustine, Bridget Phyland, Solofuti, Samantha Vasanthy, Kevin, Maria Perez, Angela Anthony, Ray Simmons, Frank Camara, Rita Breen, Tasileta Lole-sio, Jim, Lucia Germano, Imelda Quatre-bornes, Sandra Wills, Maddie, Herve, Asis Zullah, Nacera Burekovic, Charlie Mastrogiovanni, Carla Lunardi, Russell D'Costa, Satty Lee, Ping Lo, Robyn, Fr Brendan Lane, Anne Richards, Gervais Tourmentin, Ashleigh Wills, Anthony Morri, Lyra Payne, Eva Salvacion Satuito, Fr Michael Willemsen, Vreni Bien, Robyn Campbell, Rosario Giaquinta, Joanna Van Der Ven, Ricky (The privacy legislation requires us to have written permission by an authorised person before any name can be printed) in the Marian. **(IF THERE ARE ANY NAMES THAT NEED TO COME OFF THE SICK LIST PLEASE CONTACT THE PARISH OFFICE)**

MINGLE IN THE MORNING
WITH FAMILY & FRIENDS

@
ST. MARY'S SOCIAL CLUB
ST. MARY'S COMMUNITY CENTRE
26, NEW STREET, VIC, 3175.

EVERY 2nd THURSDAYS
OF THE MONTH

TIME:- 11.30 AM TO 2.30 PM.

DONATIONS WELCOME

PLEASE ENTER YOUR NAMES &
PHONE Nos PROVIDED ON THE LIST
IN THE FOYER, FOR CATERING.

FOR FURTHER INFORMATION
PLEASE CONTACT:-

rsvp by text
BERNARD BARR ---- 0412 372 566
BRIAN DAVID ----- 0430 076 691

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Footsteps of Saint Paul

5th – 19th OCTOBER 2026

Accompanied by
Fr Sebastian Manoharan

GREECE + TURKEY

The Parish Pilgrimage,

“Footsteps of St Paul,”

which was postponed in May, will now be held in October. You are warmly invited to join this special journey of faith and fellowship.

If you would like to learn more, please pick up a flyer available in the church foyer

or contact
Magi Holidays on
1300 721 561

VOLUNTEERS REQUIRED



- St Vincent de Paul & Parish Bingo** Volunteers are needed. If you can help, please contact **Jim Houlahan on 0425 789 455.**
- Church Portico Painting** Any parishioners with painting experience who are willing to volunteer to paint the church portico are asked to please speak with **Fr Sebastian** or contact the **Parish Office on 9791 4611.**



SACRAMENT OF RECONCILIATION

Please note that Confession **WILL NOT** be heard before the 6:00pm Saturday evening Mass. Confession times are **Saturday:** After the 9:15am Mass
Weekdays (Tuesday–Friday): After the 9:15am Mass, upon request

Parishioners are kindly invited to approach the priest after Mass if they wish to receive the Sacrament of Reconciliation.

PARISH SYNOD CORNER

27. Synodality and Scripture—From Abraham's journey to the disciples on the road to Emmaus, Scripture is full of stories of God walking with His people. Synodality places us within that biblical story.

28. Why participation matters-Participation helps people move from being passive recipients to active disciples. This deepens faith and strengthens mission.

WEEKLY COLLECTION

Thanksgiving: \$1275.40 **Presbytery** \$770.15 **Loose Collection:** \$1973.70
Support our Parish If you would like to make direct payments to our bank accounts, the details are:
St Mary's General Account: (Thanksgiving & Donations) NAB BSB: 083 347 ACC. No. 483196852
For contributions to support our priests and the Archdiocese: Presbytery Account: NAB BSB: 083 347 ACC. No. 460761193

St. Mary's Parish is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adult