

Our Sunday Celebration

TEL: 9791-4611/OFFICE HOURS 9AM-3PM MONDAY-FRIDAY/EMAIL: dandenong@cam.org.au

NINETEENTH SUNDAY IN ORDINARY TIME / B

11 AUGUST 2024

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever, and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord.
R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH—Nicene Creed
I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation. Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:

All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray. . .

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said. . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace.

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON Ps 147: 12, 14

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

PRAYER AFTER COMMUNION

P. May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

BREAKING OPEN THE WORD

THE LIVING BREAD

Today we continue the focus on the Bread from Heaven. In the first reading we see Elijah in the wilderness fleeing from Jezebel. He just wants to lay down and die but an angel of the Lord touches him twice repeating 'Get up and eat.' All there was to eat was a round flat loaf and water too, but it was enough for the 40 day/night journey to Horeb, the mountain of God. God provided food for the journey as previously in the desert with Moses.

In the continuation of the Bread of Heaven discourse in John's Gospel, we find the Judeans are complaining about Jesus' claim to be 'the bread that came down from heaven.' They are grumbling and complaining like the Israelites in the desert. Jesus responds recalling the scriptures (Isaiah 54:13) that it is God who teaches them. The 'Amen, Amen' saying, translated as 'I tell you most solemnly,' emphasises the truth and faithfulness of this saying. In John's Gospel the double Amen appears 25 times, always uttered by Jesus. In this important statement there is to be no doubt that Jesus is the 'bread of life.' He is the bread that comes down from heaven, the 'living bread.' The final sentence indicates not only that eating this bread means eternal life but that the bread that Jesus gives for the life of the world is his flesh. We readily understand this as his crucifixion. Beyond this the Judeans will complain further. As we hear these words let us contemplate the gift that Jesus gave us.

DR ROSEMARY CANAVAN

A SERVICE OF THE SOCIETY OF ST PAUL

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WHOEVER BELIEVES HAS ETERNAL LIFE. Throughout John's Gospel many people struggled to understand who Jesus was. Despite the signs he performed, they simply could not believe his claim that he has come from God. Certainly, this claim of Jesus is remarkable, even scandalous. We need the gift of faith to accept it. Our faith in Jesus, the Bread of Life, is expressed and deepened by our participation in the Eucharist.

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 73: 20, 19, 22, 23

Look to your covenant, O Lord, and forget not the life of your poor ones for ever.

Arise, O God, and defend your cause, and forget not the cries of those who seek you.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (striking the breast) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

V. Lord, have mercy.

R. Lord, have mercy.

V. Christ, have mercy.

R. Christ, have mercy.

V. Lord, have mercy.

R. Lord, have mercy.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins

of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

1 Kings 19: 4-8

A reading from the first book of Kings.

Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord.
R. Thanks be to God.

RESPONSORIAL PS

Ps 33: 2-9. R. v. 9

R. Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, / his praise always on my lips; / in the Lord my soul shall make its boast. / The humble shall hear and be glad. **R.**

2. Glorify the Lord with me. / Together let us praise his name. / I sought the Lord and he answered me; / from all my terrors he set me free. **R.**



3. Look towards him and be radiant; / let your faces not be abashed. / This poor man called; the Lord heard him / and rescued him from all his distress. **R.**

4. The angel of the Lord is encamped / around those who revere him, to rescue them. / Taste and see that the Lord is good. / He is happy who seeks refuge in him. **R.**

SECOND READING

Eph 4: 30-5: 2

A reading from the letter of St Paul to the Ephesians.

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.
R. Thanks be to God.

GOSPEL ACCLAMATION

Jn 6: 51

Alleluia, alleluia!
I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL

Jn 6: 41-51

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according to John.

R. Glory to you, O Lord.

I am the living bread come down from heaven.

PARISH PRIEST: Fr. Sebastian Arockia
SEMINARIAN: Bro Nicolas Calandra
PARISH SECRETARY: Franca Van Boxtel
FINANCE OFFICER: Deslene de Niese
PARISH CENTRE MANAGER:
Mr. Miguel Matamala

If you urgently need a priest please call 9791 4611, if Father does not answer, please leave a message and he will call you back.

WEEKEND MASS TIMES

Saturday Morning: 9.15am

Saturday Evening: 6.00pm

Sunday: 8.30am, 10.30am and 5.30pm

WEEK DAY MASS TIMES

Monday to Friday: 9.15am

Friday (9.45am –12.30pm Exposition of Blessed Sacrament, concluding with Benediction at 12.30pm)

ANointing MASS

Last Friday of every month 9.15 am

DAILY ROSARY

After morning Mass Mon-Sat
(Friday will be before Mass)

RECONCILIATION

Saturday after 9.15am Mass and 5pm to 5.45pm
before 6pm Mass or upon request

BAPTISM

Please contact the Parish Centre on 9791 4611

MARRIAGE

Please book the Church at the same time as you book your venue. As marriage preparation is an essential condition of marriage, you must book your **preparation course** at least **4 months** prior to the wedding. Further details can be obtained from Fr. Sebastian

HOUSE BLESSING

If any Parishioner would like their house to be blessed, please contact Franca or at the Parish office on 9791-4611 to make a booking with either Fr Sebastian

COMMUNION AND ANOINTING OF SICK

Please inform the Parish Office on 9791-4611 if a sick person is seriously ill, homebound or hospitalised and wants to receive Holy Communion or the Sacrament of Anointing.

Any parishioners who take Communion to the sick, could you please put your name and the person you are taking Communion to, into the **Communion to the Sick** book. This book is kept in the sacristy.

St. Mary's Primary School Phone: 9791 7650
New St, Dandenong.

Principal: Terry Gardiner

St. John's Regional College Phone 9791 3366
Caroline St, Dandenong.

Principal: Timothy Hogan

St. Mary's Community Centre 9792 4884

Bookings: Miguel Matamala 0402 155 192

BINGO AT ST MARY'S

*St. Mary's Bingo is on Tuesdays at 12noon & Saturdays at 6.30pm in
St Mary's Community Centre,
New St, Dandenong*

. Congratulations to the children receiving their First Holy Communion this weekend. Please keep them in your prayers.



Angel	Matthew
Aaron	Abuk
Lourdes	John'
Harry	Cayla
Shayne	Justin
Senaya	Lea
Oneli	Jeandiedieu
Nathaniel	Sara
Madelyn	Kate
Keira	Thirshaine
Jessica	Jackson
Daveraj	

May you feel the love and grace of God in your heart today and always

2024 ARCHBISHOP'S CAMPAIGN

This year we are streamlining our approach to fundraising in parishes across the Archdiocese. The Archbishop's Campaign will begin next weekend. I know that times are tough at the moment, but I encourage you to think about what the future of a vital and vibrant faith community means for you and your family and consider making a personal gift to support the vital ministries that serve all in our Archdiocese. These are critically important to the future of the Church and our faith Community, and I invite you to contribute to creating that.



**The Feast of the
ASSUMPTION OF THE
BLESSED VIRGIN MARY
Thursday 15th August 2024
Mass times: 9:15am & 7pm**

PARISH PILGRIMAGES 2025

As you are aware, His Holiness Pope Francis has extended an invitation for the faithful to join the Jubilee Year in Rome and other Holy Places in 2025.

**ST MARY'S PARISH WILL BE ORGANISING
3 PILGRIMAGES FOR 2025**

Pilgrimage to India and its famous landmarks (End of December 2024 early January 2025)

1. Divine Mercy Pilgrimage (June 2025)
2. Marian Shrines of Europe Pilgrimage (Aug/Sept 2025)

More information to come. Expression of interest, please email the parish office or please see Fr Sebastian or Parish Office.



DO YOU HAVE A PASSION FOR SINGING?

Our Sunday 8:30am choir is looking for more members to join their choir. If you are interested please contact the Parish Office on 9791-4611

The Parish office will be closed Monday 12th August

Fr Sebastian will be away from Tuesday 13th August to Friday 16th August to attend the Episcopal Ordination of Most Reverend Joseph John Caddy AM, as Eighth Bishop of Cairns, which will take place at 6 pm on the 15th of August, 2024. During his absence Fr Sony will be here to celebrate morning masses and also mass of the Assumption.

Radio Maria Australia is a Catholic radio station bringing Christ into your every day! Our station broadcasts 24/7, with interesting and inspiring shows and podcasts, daily masses and Rosary prayers, and a variety of positive music - all to foster faith, hope and God's love. You can tune in live via: www.RadioMaria.org.au Digital Radio: 202.928 Apple or Google Play App: Radio Maria Play

Natural Fertility Awareness Week 2024 (August 19 – 25) promotes an alternative, healthy option to family planning compared with chemical and other contraceptive devices.

The theme this year is: “*Trust your body’s natural signs of fertility: Forget about drugs and devices.*”

You are invited to join the Billings LIFE free webinar on Monday 19th August 2024 at 7:30pm AEST where you can listen to the conversation about the basics of the Billings Ovulation Method® and its application, including during times of breastfeeding.

<https://events.humanitix.com/trust-your-body-s-natural-signals-of-fertility-free-webinar>

Further info @ ph: 1800 335 860 or website: www.billings.life/en/

RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

Enquiry Nights for those interested in learning more about becoming a Catholic. The **Enquiry Nights** will take place on **Wednesday 14th August at 7pm in the Parish Meeting Room**. For further info, please contact the parish office on 9791-4611. We are looking for people to be part of our RCIA as a team member or co-ordinator if you feel this is for you please speak to Fr Sebastian or the Parish Office.

**THE OPEN DOOR
Centering Prayer Meditation**

The simple way of allowing the presence and action of God in one's life begins with a body meditation and silence followed by watching one of the experts on YouTube/DVD. All welcome

When: Every Tuesday (during school term) 2.30pm – 3.30pm

Followed by a cuppa 3.30pm – 4.30pm

Where: The Open Door, 110 Ann St, Dandenong

Enquiries: Ph 9791 8664 or E: Theopendoor@ssjg.org.au

Gold Coin donation is welcome

**ROSTER WEEKEND 17TH–18TH AUGUST 2024
READERS**

6:00pm: Marina & Pamela

8:30am: Hannie & Elisapeta

10:30am: Bernadette & Pamela

5:30pm: Grace & Sharmini

EUCCHARISTIC MINISTERS

6:00pm: Ruth, Margaret & Maxine

8:30am: Valerie, Russell & Roseline

10:30am: Stefania, Suzie & Ofelia

5:30pm: Marie, Graham & Wilma

**PLEASE REMEMBER IN YOUR
PRAYERS**

Recently Deceased:

Anniversaries: Rita Spink, Leo & Mary O'Dea, Dorothy & Norman McCallum, Elaine & Locksley Collins, Vernon Moses

Sick: Rosa Maria Santos, Long Phan, Ush Henry Bangkal, Leti Luki, Kathleen Nelson, Anthony Andrew, Jim Lynch, Emmanuel Bernardo, Ray Gilligan, Frank Pezzaro, Janet Augustine, Bridget Phyland, Desmond Hopper, Vincenzo Adrian, Tracey, Chris Grubb, Marivic Cabuhat, Lea Kirchhof, Tito Ioane, Solofuti, Samantha Vasanthy, Kevin, Pauline D'Souza, Jim, Maria Perez, Alan John Borninkhof, Angela Anthony, Ray Simmons, Frank Camara, Rita Breen, Katrina, Tasileto Lolesio, Andrew Jackson, Imelda Quatre-bornes, Charlie Mastrogiovanni, Sandra Wills
(The privacy legislation requires us to have written permission by an authorised person before any name can be printed) in the Marian.

(IF THERE ARE ANY NAMES THAT NEED TO COME OFF THE SICK LIST PLEASE CONTACT THE PARISH OFFICE)

**REGULAR GROUP MEETING
ST MARY'S PARISH**

LEGION OF MARY:

Saturday afternoons 4.30pm-5.30pm in the Fellowship Room. followed by Rosary before 6pm Mass

SPANISH PRAYER GROUP :

Wednesday evenings at 7pm in the church

AL-ANON : Tuesday evenings at 8pm in the Fellowship Room. For more information call 1300 252 666

**VINCENTIAN RETREAT
CENTRE:**

Fridays Mass with healing prayer 7pm

ST EPHREM CHALDEAN CHURCH:
Sundays Mass (Arabic) 12.30pm

ST MARY'S FRIENDSHIP CLUB:
3rd Wednesday of month lunch meet at Dandenong RSL. 12pm

WEEKLY COLLECTION

Thanksgiving: \$1901.00 **Presbytery** \$478.00
Loose: \$2129.00

Support our Parish
If you would like to make direct payments to our bank accounts, the details are:

St Mary's General Account:
(Thanksgiving & Donations)
NAB BSB: 083 347 **ACC. No.** 483196852

For contributions to support our priests and the Archdiocese
Presbytery Account:
NAB BSB: 083 347 **ACC. No.** 460761193

St. Mary's Parish is committed to the safety, well-being and dignity of all children, young people and vulnerable adult