

OUR SUNDAY CELEBRATION

TEL: 9791-4611/OFFICE HOURS 9AM-3PM MONDAY-FRIDAY/EMAIL: dandenong@cam.org.au

TWENTIETH SUNDAY IN ORDINARY TIME / B

18 AUGUST 2024

EAT MY FLESH, DRINK MY BLOOD. In the Incarnation, 'the Word was made flesh and dwelt among us.' The Word continues to take flesh in the Eucharistic species and in all of us who partake of the flesh and blood of Christ in Communion: 'those who eat my flesh and drink my blood live in me and I in them.' Through the Eucharistic community, Christ continues to be enfleshed and to dwell in our world.

INTRODUCTORY RITES

ENTRANCE ANTIPHON Ps 83:10-11

**Turn your eyes, O God, our shield;
and look on the face of your anointed one;
one day within your courts
is better than a thousand elsewhere.**

GREETING

P. In the name of the Father, and of the Son,
and of the Holy Spirit.

R. Amen.

P. The grace of our Lord Jesus Christ, and
the love of God, and the communion of the
Holy Spirit be with you all.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us
acknowledge our sins, and so prepare
ourselves to celebrate the sacred mysteries.
P. You were sent to heal the contrite of
heart: Lord, have mercy.

R. Lord, have mercy.

P. You came to call sinners: Christ, have mercy.

R. Christ, have mercy.

You are seated at the right hand of the
Father to intercede for us: Lord, have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on
us, forgive us our sins, and bring us to
everlasting life.

R. Amen.

GLORIA

**Glory to God in the highest, / and on
earth peace to people of good will. /
We praise you, / we bless you, / we
adore you, / we glorify you, / we give
you thanks for your great glory, / Lord
God, heavenly King, / O God, almighty
Father. / Lord Jesus Christ, Only Begotten
Son, / Lord God, Lamb of God, Son of
the Father, / you take away the sins of
the world, / have mercy on us; / you take
away the sins of the world, / receive our
prayer; / you are seated at the right hand
of the Father, / have mercy on us. / For
you alone are the Holy One, / you alone
are the Lord, / you alone are the Most
High, / Jesus Christ, / with the Holy
Spirit, / in the glory of God the Father. /
Amen.**

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you,
the Father, and the Son, ✠ and the Holy
Spirit.

R. Amen.

P. Go in peace.

R. Thanks be to God.

BREAKING OPEN THE WORD

LIVE FOREVER

What does it mean for us to live forever,
to abide in Christ and have Christ abide
in us? This is the question that lingers for
me. I invite you to ponder too.

The reading from Proverbs brings an
invitation from Wisdom to a banquet
where a question is raised: Will you leave
the way of ignorance and join the way
of insight? This is the only way forward
to life. This snippet links to the Gospel
where the Bread of Heaven discourse
continues by reiterating the final sentence
from last week's Gospel. We observe that
'Whoever eats of this bread [the living
bread from heaven] will live forever' is
replicated in the last line, 'But the one
who eats this bread will live forever.'
These sentences frame the 'Amen, Amen'
(I tell you solemnly) saying given in
response to the Judeans dispute about
eating Jesus' flesh. Life, eternal life, is
only possible for those who partake of
Jesus' flesh and blood.

These readings remind us how difficult
it must have been for first century
followers to understand fully who Jesus is
and what he offered. For the Johannine
community the reinterpretation of the
Mosaic Law to a new understanding of
the Christ causes distress. It isn't that
easy for us to understand today. What
we might understand is our deep need to
be in communion in the body and blood
of Christ in the community. How much
we missed that during the pandemic.
Blessed, broken, shared and given: the
body of Christ, Amen.

DR ROSEMARY CANAVAN

A SERVICE OF THE SOCIETY OF ST PAUL

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A New Translation, © 1963, The Grail (England), HarperCollins.
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THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS
IN ORDINARY TIME

After the Preface, we sing or say:

**All: Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest. Blessed is he
who comes in the name of the Lord.
Hosanna in the highest.**

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

**All: We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

COMMUNION RITE

P. At the Saviour's command and formed by
divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray . . .

**All: For the kingdom, the power and the
glory are yours now and for ever.**

P. Lord Jesus Christ, who said . . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace.

LAMB OF GOD

**All: Lamb of God, you take away the sins
of the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, grant us peace.**

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who
takes away the sins of the world. Blessed are
those called to the supper of the Lamb.

**R. Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

COMMUNION ANTIPHON

Ps 129:7

**With the Lord there is mercy;
in him is plentiful redemption.**

PRAYER AFTER COMMUNION

P. Made partakers of Christ through these
Sacraments,
we humbly implore your mercy, Lord,
that, conformed to his image on earth,
we may merit also to be his coheirs in heaven.
Who lives and reigns for ever and ever.

R. Amen.

Then the Jews started arguing with one
another: 'How can this man give us his flesh
to eat?' they said. Jesus replied:

'I tell you most solemnly,
if you do not eat the flesh of the Son of
Man
and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink
my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood
lives in me
and I live in him.
As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live
for ever.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH—Nicene Creed

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invis-
ible. I believe in one Lord Jesus Christ, the Only Begotten
Son of God, born of the Father before all ages. God from
God, Light from Light, true God from true God, begotten,
not made, consubstantial with the Father; through him all
things were made. For us men and for our salvation he
came down from heaven, and by the Holy Spirit was incar-
nate of the Virgin Mary, and became man. For our sake he
was crucified under Pontius Pilate, he suffered death and
was buried, and rose again on the third day in accordance
with the Scriptures. He ascended into heaven and is
seated at the right hand of the Father. He will come again
in glory to judge the living and the dead and his kingdom
will have no end. I believe in the Holy Spirit, the Lord, the
giver of life, who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets. I believe in one,
holy, catholic and apostolic Church. I confess one Bap-
tism for the forgiveness of sins and I look forward to the
resurrection of the dead and the life of the world to come.
Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

*After the priest raises the paten with the bread
and prays, and then the chalice, we respond to
each prayer:*

R. Blessed be God for ever.

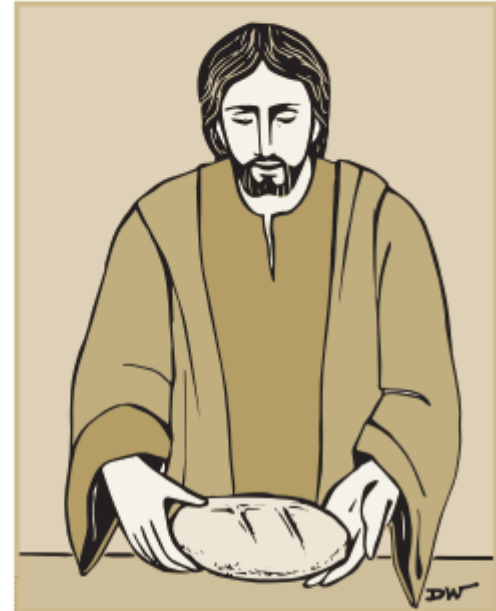
P. Pray, brethren (brothers and sisters), that
my sacrifice and yours may be acceptable to
God, the almighty Father.

**R. May the Lord accept the sacrifice at
your hands for the praise and glory of his
name, for our good and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

P. Receive our oblation, O Lord,
by which is brought about a glorious exchange,
that, by offering what you have given,
we may merit to receive your very self.
Through Christ our Lord.

R. Amen.



SECOND READING

Eph 5:15-20

A reading from the letter of St Paul
to the Ephesians.

Be watchful that you may know the will of God.
Be very careful about the sort of lives you lead,
like intelligent and not like senseless people.
This may be a wicked age, but your lives
should redeem it. And do not be thoughtless
but recognise what is the will of the Lord. Do
not drug yourselves with wine, this is simply
dissipation; be filled with the Spirit. Sing the
words and tunes of the psalms and hymns
when you are together, and go on singing and
chanting to the Lord in your hearts, so that
always and everywhere you are giving thanks
to God who is our Father in the name of our
Lord Jesus Christ.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

Jn 6:56

Alleluia, alleluia!
**All who eat my flesh and drink my blood
live in me and I in them, says the Lord.**
Alleluia!

GOSPEL

Jn 6:51-58

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according
to John.

R. Glory to you, O Lord.

My flesh is real food and my blood is real drink.
Jesus said to the crowd:

'I am the living bread which has come
down from heaven.
Anyone who eats this bread will live for
ever;
and the bread that I shall give
is my flesh, for the life of the world.'

PARISH PRIEST: Fr. Sebastian Arockia
SEMINARIAN: Bro Nicolas Calandra
PARISH SECRETARY: Franca Van Bostel
FINANCE OFFICER: Deslene de Niese
PARISH CENTRE MANAGER:
Mr. Miguel Matamala

If you urgently need a priest please call 9791 4611, if Father does not answer, please leave a message and he will call you back.

WEEKEND MASS TIMES

Saturday Morning: 9.15am
Saturday Evening: 6.00pm
Sunday: 8.30am, 10.30am and 5.30pm

WEEK DAY MASS TIMES

Monday to Friday: 9.15am
Friday (9.45am –12.30pm Exposition of Blessed Sacrament, concluding with Benediction at 12.30pm)

ANointing MASS

Last Friday of every month 9.15 am

DAILY ROSARY

After morning Mass Mon-Sat
(Friday will be before Mass)

RECONCILIATION

Saturday after 9.15am Mass and 5pm to 5.45pm
before 6pm Mass or upon request

BAPTISM

Please contact the Parish Centre on 9791 4611

MARRIAGE

Please book the Church at the same time as you book your venue. As marriage preparation is an essential condition of marriage, you must book your **preparation course** at least **4 months** prior to the wedding. Further details can be obtained from Fr. Sebastian

HOUSE BLESSING

If any Parishioner would like their house to be blessed, please contact Franca or at the Parish office on 9791-4611 to make a booking with either Fr Sebastian

COMMUNION AND ANointing OF SICK

Please inform the Parish Office on 9791-4611 if a sick person is seriously ill, homebound or hospitalised and wants to receive Holy Communion or the Sacrament of Anointing.

Any parishioners who take Communion to the sick, could you please put your name and the person you are taking Communion to, into the **Communion to the Sick** book. This book is kept in the sacristy.

St. Mary's Primary School Phone: 9791 7650
New St, Dandenong.
Principal: Terry Gardiner
St. John's Regional College Phone 9791 3366
Caroline St, Dandenong.
Principal: Timothy Hogan
St. Mary's Community Centre **9792 4884**
Bookings: Miguel Matamala 0402 155 192

BINGO AT ST MARY'S

St. Mary's Bingo is on Tuesdays at 12noon & Saturdays at 6.30pm in St Mary's Community Centre, New St, Dandenong

REFLECTION by Nick Brodie

‘The Eucharist’, Pope Francis famously said, ‘is not a prize for the perfect but a powerful medicine and nourishment for the weak.’ Reflecting on today’s Gospel passage, the Pope encourages us to avoid becoming ‘arbiters of grace’. Rather, he says, we should be ‘its facilitators’.

As the Pope points out, Jesus gives us the Eucharist ‘with a specific purpose: that we may become one with him.’

‘The Eucharist is Jesus himself who gives himself entirely to us’, the Pope reminds us, which helps us to become a living ‘gift to God and to our brothers and sisters.’

In one sense, we do this individually. Being nourished by the Eucharist, the Pope explains, ‘means entering into harmony with the heart of Christ, assimilating his choices, his thoughts, his behaviour.’ Each of us therefore seeks to become what we consume.

But we do not do so alone. Communion is a celebration of the Body of Christ – the Church – which means we are being transformed together as the pilgrim People of God. Communion, the Pope says, ‘means entering into a dynamism of love and becoming people of peace, people of forgiveness, of reconciliation, of sharing in solidarity.’

What this all means is that we should approach the Eucharist with openness to being changed, individually and collectively, into the Bread of Life for all.

2024 ARCHBISHOP'S CAMPAIGN

This weekend we have the new Archbishop Campaign Appeal. Funds from this appeal will go to assist Corpus Christi College Building Fund, Priests Retirement Foundation, John Pierce Centre, Melbourne Overseas Missions, University of Divinity Building Fund, Annual grants to Catholic Community agencies & community service organisations, Archbishop's Evangelisation Initiatives & Seminarian Education. There are envelopes on the pews, which contains more information. These envelopes also have a QR Code which you can scan and donate using your credit card online. I know that times are tough at the moment, but I encourage you to think about the future of a vital and vibrant faith community means for you and your family and consider making a personal gift to support the vital ministries that serve our Archdiocese.



**ST MARY'S PARISH
9 DAYS NOVENA
FRIDAY 30TH AUGUST—
SUNDAY 8TH SEPTEMBER 2024**

PARISH PILGRIMAGES 2025

As you are aware, His Holiness Pope Francis has extended an invitation for the faithful to join the Jubilee Year in Rome and other Holy Places in 2025.

**ST MARY'S PARISH WILL BE ORGANISING
3 PILGRIMAGES FOR 2025**

Pilgrimage to India and its famous landmarks
(End of December 2024 early January 2025)

1. Divine Mercy Pilgrimage (June 2025)
2. Marian Shrines of Europe Pilgrimage (Aug/Sept 2025)

More information to come. Expression of interest, please email the parish office or please see Fr Sebastian or Parish Office.



DO YOU HAVE A PASSION FOR SINGING?

Our Sunday 8:30am choir is looking for more members to join their choir. If you are interested please contact the Parish Office on 9791-4611

**ONLINE INFORMATION SESSION ON
THE PERMANENT DIACONATE**

Earlier this year there was an Information session on the Permanent Diaconate. It was a successful gathering. The awareness that those men interested are most likely working full time, perhaps raising a family and therefore limited in available time has led to the decision to offer a different style of information session in September. This session will be on a weekday evening via ZOOM. The permanent diaconate is open to single and married men, aged between 30 and 60 years, who want to serve God and the Church as ordained ministers. The information session is open to everyone interested in knowing more about the permanent diaconate. If you attended any previous session, you are also welcome to join the September gathering. Online Diaconate information meeting Tuesday 24 September / 19:30 – 21:00 Location: via ZOOM Attendance will be by invitation. Express your interest by emailing Deacon Kevin Pattison Kevin.Pattison@cam.org.au In the week before the session the ZOOM link will be sent to those who have expressed interest

**DANDENONG DEANERY COUNCIL
LISTENING TO THE VOICES THAT ECHO
The Year Of PRAYER
LAST DINNER FOR THE YEAR**

DATE: Wed 4th Sept 2024
VENUE: St John's Regional College, Graduate's Restaurant
Caroline Street, Dandenong
New start time: 5.45pm for 6pm start.
COST: \$48 3 course meal Wine & Beer.
Guest Speaker: TBA
RSVP: by Friday 30th Aug at the latest
Paddy 0422 296 961 or email: Dandenongdeanery@live.com.au

KSC INFORMATION NIGHT

The Knights of the Southern Cross are hosting an Information Evening for any Catholic gentlemen wishing to learn about their role within the Church, with an interest in joining.
DATE: Monday August 19, 2024
VENUE: Majellan Room (Behind the Church at St. Gerard's Parish, 71 Gladstone Road, Dandenong North)
TIME: Commencing promptly at 7.30 pm, Finishing by 9.00 pm followed by a light supper
DRESS CODE: Suit and Tie

**THE OPEN DOOR
SOCIAL CRAFT GROUP**

Come & get creative with us! Bring along any crafty projects you're working on & share your skills or learn some new ones, while relaxing with like-minded people.

When: Thursday 25 July 1.30 - 2.30pm
Where: The Open Door, 110 Ann St, Dandenong
Enquiries: Ph 9791 8664 or E: Theopendoor@ssjg.org.au
Suggested Donation: Gold Coin

**ROSTER WEEKEND 24TH–25TH AUGUST 2024
READERS**

6:00pm: Albert & Liz
8:30am: Belen & Teresa
10:30am: Paul & Elizabeth
5:30pm: Neville & Michelle
EUCCHARISTIC MINISTERS
6:00pm: Robert, Elizabeth & Theresa
8:30am: Carmel, Rebecca & Tim
10:30am: Orito, Thorwald & Edith
5:30pm: Sharmini, Graham & Wilma

**PLEASE REMEMBER IN YOUR
PRAYERS**

Recently Deceased:

Anniversaries: Valerie & Ernest
Ambrose, The Moses Family, Bruna Nisi,
Marlene Fernandez, Adriana Giustra

Sick: Rosa Maria Santos, Long Phan,
Ush Henry Bangkal, Leti Luki, Kathleen
Nelson, Anthony Andrew, Jim Lynch ,
Bernardo, Ray Gilligan, Frank Pezzaro, Janet
Augustine, Bridget Phyland, Desmond Hopper,
Chris Grubb, Solofuti, Samantha
Vasanthi, Kevin, Pauline D'Souza, Jim, Maria
Perez, Alan John Borninkhof, Angela Anthony,
Ray Simmons, Frank Camara, Rita Breen,
Katrina, Tasileta Lolesio, Andrew Jackson,
Imelda Quatre-bornes, Charlie Mastrogiovanni, ,
Sandra Wills, Reuben Jacobs

(The privacy legislation requires us to have written permission by an authorised person before any name can be printed)in the Marian.

**(IF THERE ARE ANY NAMES THAT NEED TO
COME OFF THE SICK LIST PLEASE CONTACT THE
PARISH OFFICE)**

**REGULAR GROUP MEETING
ST MARY'S PARISH**

LEGION OF MARY:

Saturday afternoons 4.30pm-5.30pm in the
Fellowship Room.followed by Rosary
before 6pm Mass

SPANISH PRAYER GROUP :

Wednesday evenings at 7pm in the church

AL-ANON : Tuesday evenings at 8pm in the
Fellowship Room. For more information
call 1300 252 666

**VINCENTIAN RETREAT
CENTRE:**

Fridays Mass with healing prayer 7pm

ST EPHREM CHALDEAN CHURCH:
Sundays Mass (Arabic) 12.30pm

ST MARY'S FRIENDSHIP CLUB:

3rd Wednesday of month lunch meet at
Dandenong RSL.12pm

WEEKLY COLLECTION

Thanksgiving: \$1543.00 **Presbytery** \$330.00
Loose: \$2006.00

Support our Parish
**If you would like to make direct payments
to our bank accounts, the details are:**

St Mary's General Account:
(Thanksgiving & Donations)
NAB BSB: 083 347 **ACC. No.** 483196852

**For contributions to support our priests
and the Archdiocese**
Presbytery Account:
NAB BSB: 083 347 **ACC. No.** 460761193

St. Mary's Parish is committed to the safety, well-being and dignity of all children, young people and vulnerable adult