

OUR SUNDAY CELEBRATION

FOURTEENTH SUNDAY IN ORDINARY TIME / A

5 JULY 2026

MY YOKE IS EASY. During the Vietnam war a soldier once saw a boy carrying a child on his back. 'He must be heavy,' the soldier remarked. 'He's not heavy,' the boy replied, 'he's my brother.' Hopefully, we experience the yoke of Jesus as light and easy. Serving others and living the Gospel can be burdensome at times but it also brings freedom and joy to our hearts and rest for our souls.

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 47:10-11

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The Lord be with you.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
P. Lord Jesus, you have revealed yourself as the way to the Father: Lord, have mercy.

R. Lord, have mercy.

P. You have poured out on your people the Spirit of truth: Christ, have mercy.

R. Christ, have mercy.

P. You are the Good Shepherd, leading us to eternal life: Lord, have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. O God, who in the abasement of your Son have raised up a fallen world, fill your faithful with holy joy, for on those you have rescued from slavery to sin you bestow eternal gladness.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

Zech 9:9-10

A reading from the prophet Zechariah
See how humbly your king comes to you!

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!

See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.

He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

The word of the Lord.

R. Thanks be to God.

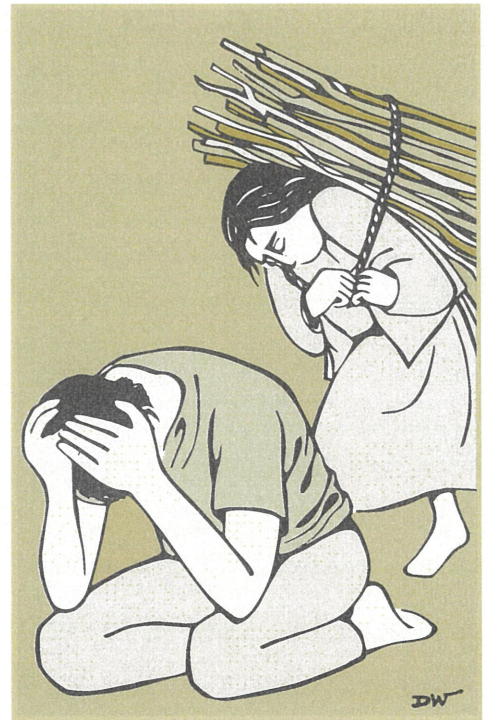
RESP PSALM Ps 144:1-2, 8-11, 13-14. R. v. 1

**R. I will praise your name for ever,
my king and my God. (or Alleluia!)**

1. I will give you glory, O God my King, /
I will bless your name for ever. / I will bless
you day after day / and praise your name for
ever. **R.**

2. The Lord is kind and full of compassion, /
slow to anger, abounding in love. / How
good is the Lord to all, / compassionate to all
his creatures. **R.**

3. All your creatures shall thank you,
O Lord, / and your friends shall repeat their
blessing. / They shall speak of the glory
of your reign / and declare your might,
O God. **R.**



4. The Lord is faithful in all his words / and
loving in all his deeds. / The Lord supports
all who fall / and raises all who are bowed
down. **R.**

SECOND READING

Rom 8:9, 11-13

A reading from the letter of St Paul to the
Romans

*If by the Spirit you put an end to the misdeeds of
the body, you will live.*

Your interests are not in the unspiritual, but
in the spiritual, since the Spirit of God has
made his home in you. In fact, unless you
possessed the Spirit of Christ you would not
belong to him, and if the Spirit of him who
raised Jesus from the dead is living in you,
then he who raised Jesus from the dead will
give life to your own mortal bodies through
his Spirit living in you.

So then, my brothers, there is no necessity
for us to obey our unspiritual selves or to live
unspiritual lives. If you do live in that way,
you are doomed to die; but if by the Spirit
you put an end to the misdeeds of the body
you will live.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

cf. Mt 11:25

**Alleluia, alleluia! / Blessed are you,
Father, Lord of heaven and earth, / you
have revealed to little ones the mysteries
of the kingdom. / Alleluia!**

GOSPEL

Mt 11:25-30

P. The Lord be with you.

R. And with your spirit.

P. A reading from the holy Gospel according to Matthew.

R. Glory to you, O Lord.

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH APOSTLES' CREED

Or the Nicene Creed may be said.

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. May this oblation dedicated to your name purify us, O Lord, and day by day bring our conduct closer to the life of heaven. Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:

All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven ...

P. Deliver us, Lord, we pray...

All: For the kingdom, the power and the glory are yours now and for ever.

P. Lord Jesus Christ, who said...

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace.

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON

Ps 33:9

Taste and see that the Lord is good; blessed the man who seeks refuge in him.

PRAYER AFTER COMMUNION

P. Grant, we pray, O Lord, that, having been replenished

by such great gifts, we may gain the prize of salvation and never cease to praise you. Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

BREAKING OPEN THE WORD

COMFORT AND REST

At times life seems burdensome and overwhelming. Depending on where we live in the world or what's been happening to us, this burden can be almost impossible to carry. Today's Gospel offers us—and for those countless numbers in other parts of our world who are faced with suffering, starvation, even death—a consoling and necessary word. We are privileged listeners to Jesus' prayer to the Father. It is, characteristically, in the style of a Jewish blessing prayer, given Matthew's Jewish audience.

The prayer praises God for disrupting social favouritism in favour of children. These are the 'little ones' from last week's Gospel. For Matthew, the socially unaccepted and rejected ones are those whom God blesses with wisdom and insight. This is divine revelation that comes from Jesus through his communion with God.

The final part of today's Gospel is worthy of lingering contemplation. Jesus invites all who listen to the Gospel—and that includes us—to allow him to shoulder our burdens and concerns. He models for us how to be. He is 'gentle and humble of heart'. The evangelist draws Jesus' self-description from the wisdom writings of the First (Old) Testament. It is this wisdom in which souls find comfort and rest. It is a 'yoke' that is easy to bear. Into this welcoming and restful presence, we are invited in our Sunday celebrations of the Eucharist.

FR MICHAEL TRAINOR

A SERVICE OF THE SOCIETY OF ST PAUL

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WELCOME TO ST GREGORY THE GREAT—DONCASTER

Fourteenth Sunday in Ordinary Time (A)

4/ 5 July 2026

Parish Office:

Hours: Mon—Fri 8.30am to 3.20pm

Tel: 9412 8425

Email: doncaster@cam.org.au

Website: <https://www.stgregs.org.au/>

Parish Priest: Fr. Charles Balnaves

Assistant Priest: Anton Aseervathampillai

Business Manager: David Hii

Parish Secretary: Mon & Wed: Vera Arief

Tue, Thurs & Fri: Luisa Yambao

Mon: Bernadine De Silva (bookkeeping)

Sacristan: Mary Stocco - Mob: 0412 742 657

MASS TIMES:

St Gregory's: Sat Vigil 6.00pm, 10.30am & 5.00pm

CHILDREN LITURGY: Sunday mornings @ 10.30am

Weekdays: Wed: 6.30pm & Fri 9.00am

YOUTH MASS 2ND SUNDAY OF EVERY MONTH AT 5PM

UPCOMING DATES: 12 July, 9 August

St Kevin's: Sat Vigil 5.30pm; Sun 9.15am;

Weekdays: Tue & Thurs 9.15am

St Clement's: Sat Vigil: 5pm; Sun 9am, 11am (Italian)

Weekdays: Tue: 9.15am (Italian) & Wed: 9.15am

Sacrament of Reconciliation:

St Gregory's: Saturdays 9.30am-11.00am (or by appointment or before/after any Mass but allow time)

St Kevin's: By appointment

St Clement's: Saturdays 4.30-4.50pm or by appointment

Anointing of the Sick before/after any Mass or by appointment

Please practice sensible at home and at church.

NEXT SUNDAY'S READINGS:

Fifteenth Sunday in Ordinary Time / A

Isa 55:10-11, Ps 64:10-14, Rom 8:18-23, Mt 13:1-23

BAPTISMS: Please ring the Parish Office for bookings

ST GREGORY THE GREAT CATHOLIC PRIMARY SCHOOL:

Tel: (03) 9848 4483

Email: principal@sgdoncaster.catholic.edu.au

PARISH SACRAMENTAL PROGRAMS:

Email Margaret O'Donnell at margaretodonnell@gmail.com

CHRISTIAN MEDITATION GROUP:

Fridays at 9.45am in the church meeting room

Contact Paola Cheng 0415 280 216

CORNERSTONE YOUTH GROUP: 3rd Fridays of the month 7.00pm-9.00pm

YOUNG ADULTS GROUP: 4th Fridays 7:15pm—9.30pm

ST VINCENT DE PAUL CONFERENCE: 3rd Mondays

7.00pm in the School Parish Room

ST GREGORY'S TENNIS CLUB: Membership enquiries:

Gianna Alessio (President) 0438 410 506

Please pray for: Those who are sick at this time including Elmo Silvapulle, Michael Mullens, Meredith Barnes, Sunny Boy Pereira, Anna Ziglinis, Emmly L, Roma Rouvray, Mrs Margaret Woof, Teresa Wong, Margaret Hanson, Nerie Alcala, some teenagers, those facing procedures for health

and for those who died recently

Marie Helene Chu, Peter Balnaves, Helen Ong

and for those whose anniversaries occur about now

Judith Morton, Monique Daisy Cheng, Ida Molinari, Marcia Standish, Ernest Balnaves, Charles Weiland, Florence Weiland, Reg White, Lorna Balnaves, Jean White, Rev Austin Cooper, Rev Bernie Maxwell, Francesco Carfi, Antonio & Rosaria Devincentis

Words from PP

Please Welcome New People:

We begin our new weekend and weekday Mass schedules this weekend. If you need help organising to get to a different time or location for Mass let me or the office know.

Because of the changed Mass times, there will be **new** people at your Mass. Please be alert to new faces and welcome them, say hello, chat.

Recognising new people, or people we know from other places is important – our communities with in the parish communities are changing and we need to welcome the change and the people that come with it.

Aboriginal And Torres Strait Islander Sunday

This weekend we celebrate Aboriginal and Torres Strait Islander Sunday – a celebration that has been held since the late 1930's. We pay our respects to the elders of the first peoples of this wonderful nation which we all share.

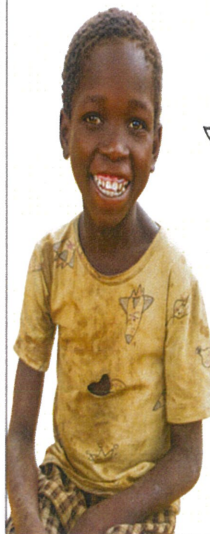
In the late 1830's, Archbishop Bede Polding issued a pastoral letter 1930's recognising how important our first peoples are: he found in them a perspective on God's love that can enhance the practice of our Catholic faith. And Pope Saint John Paul II in 1986 said "The Church in Australia will not be fully the church that Jesus wants her to be until you, the Aboriginal people, have made your contribution to her life and until that contribution has been joyfully received by others."

Each of our three parishes is graced with symbols gifted to us by our Aboriginal peoples: Aboriginal Message sticks adapted for use as we the Gospel; the three Australian flags (Union Jack with Southern Cross; Aboriginal, Torres Strait Islanders); memories of the 2006 Message Stick Relay; a plaque of commitment to support our Aboriginal and Torres Strait Islander peoples; a wooden coolamon (used for carrying the bread or used as a manger for the Christ Child at Christmas). Not all these symbols in all parishes – but each has its symbols – our part of joyfully receiving the contribution of our First People's.

New Acoustic / Speaker System

Last week, we finally received written approval of our project from Archbishop Peter so we now have a reasonably firm start date for installation: 28th July – with a three-week project timeline. It has taken a long time to get started: the comments from the contractors on Tuesday just past reaffirmed for me that we will receive a very substantial improvement in being able to hear and understand what is said and played.

God bless, Fr Charles.



In two weeks, we will share the story of Yamikani*, a young boy in rural Malawi whose daily journey to school is filled with hardship.

You will also meet Fr Matthew Semba who is leading a project to build a new school close to home, so children like Yamikani can learn safely and begin to imagine a future beyond survival.

Through your prayers and support, you are part of this mission, helping to ensure that no child is left behind.

To learn more about Catholic Mission and our work, please go to catholicmission.org.au/united.

*Name changed for privacy



Free call: 1800 257 296
catholicmission.org.au/united



Fr Charles' Prayer Intention:

In thanks for the generous Spirit of love with which you grace our parishes of St Clement's, St Gregory's and St Kevin's.

St Gregory's is committed to growing a Child Safety Culture with Love

THIS WEEK

Sat 6.30pm
Sun 10.30am
Sun 5.00pm

CARE OF THE CHURCH: Stephen Ma

MONEY COUNTERS: Don & Lina Pavone

NEXT WEEK

Sat 6.30pm
Sun 10.30am
Sun 5.00pm *Youth Mass*

CARE OF THE CHURCH: Mary Wilson

MONEY COUNTERS: Iris O'Farrell

LECTORS

Frank Ryan, Thomas Ong
Paola Villanueva, Gril Job
Jane Ma, Mary Tonti-Filippini

LECTORS

Noel & Cathy McClelland
Sauro Antonelli, Justin Green
Jocey Pranata, Samantha Medina

COMMUNION MINISTERS

Sharron Wilkinson, Seleana Ng
Nuccia La Rocca, Rob Rukavina, Erin Djukiadmodjo
Alfred Lee, Dot Haynes

MORNING TEA: N/A

FLOWERS: Geraldina Donato

COMMUNION MINISTERS

Frances Cannizzo, Peter Whiting
Maggie Yong, Lilian Antonelli, Mary Stocco
Aditya Hendarto, Mary Tonti-Filippini

MORNING TEA: N/A

FLOWERS: Geraldina Donato

For those who are Coeliac, we can provide low gluten (<20 ppm) hosts.
Please let the priest or sacristan know your need.

St Gregory the Great Catholic Primary School

☎ (03) 9848 4483 ✉ principal@sgdoncaster.catholic.edu.au



Open Days:

29th Oct at 9.30-11.30am

School Tours: contact 9848 4483

sgdoncaster.catholic.edu.au

Parish Facilities: The Parish Hall and Parish Room are available for use. Bookings can be made: office@sgdoncaster.catholic.edu.au

Ways of Giving—

Thank you for your generosity and continuous support!

Scan and Give

Scan this code with your phone camera and donate directly to our church. Choose Payment for Church Donations. It's simple and secure.



Give by Contactless

Use our Eftpos Machine located in the church Narthex. You can donate with: a debit/credit card. It's simple and secure.

ST GREGORY DONCASTER

Social Night

12TH JULY
AFTER OUR 5PM
YOUTH & YOUNG ADULTS MASS

PIZZA.MUSIC.GAMES

MEET NEW PEOPLE |
ASK QUESTIONS | HAVE SOME FUN

Registration through trybooking.

Parents/guardians of under 18 participants MUST 'sign in' & 'sign out' their children. Parents of primary school children must accompany their children at the event. Sign-in commences after Mass at the Parish Hall.

Proclaim26 – Intentional Discipleship

Members of St Greg's Parish recently attended Proclaim26, an inspiring Archdiocesan conference on missionary discipleship. Through prayer, fellowship and practical workshops, they were encouraged to grow in faith and service. We thank those who represented our parish and ask for your prayers as we continue to build a welcoming, Christ-centred community together.



L-R: Abraham, Aaron, Mary S, Margaret, Luisa, Mary TF, Alfred

ST GREGORY'S PARISH MULTICULTURAL DAY FUNDRAISER 2026

**YOU CAN SUPPORT
US IN MANY WAYS**

DONATE UNOPENED GIFTS, GIFT CARDS, OR UNUSED VOUCHERS FOR OUR RAFFLE AND SILENT AUCTION. DONATIONS DUE BY 15TH JULY.



Drop your donations at the Church or Church Office



RSVP via trybooking



ENJOY THE MULTICULTURAL DAY FESTIVITIES, BID IN OUR SILENT AUCTION, AND PURCHASE RAFFLE TICKETS TO SUPPORT THE PARISH COMMUNITY.

EVENT HIGHLIGHTS

Multicultural food & beverages provided
Children activities led by our Youth Group
Come in your cultural costumes or colours
Celebrate the vibrant diversity of our community

St Gregory's Hall
after 10.30AM Mass

Love to sing?

JOIN OUR 5PM SUNDAY CHOIR!
WE WARMLY INVITE PARISHIONERS WHO ENJOY SINGING TO CONSIDER JOINING OUR CHOIR FOR THE SUNDAY 5.00PM MASS.
NO FORMAL MUSICAL TRAINING IS NECESSARY. JUST A WILLINGNESS TO SING, PARTICIPATE, AND SHARE YOUR GIFTS. NEW MEMBERS OF ALL AGES ARE ALWAYS WELCOME. IF YOU ARE INTERESTED IN JOINING PLEASE EMAIL DONCASTER@CAM.ORG.AU
"THOSE WHO SING PRAY TWICE." - ST AUGUSTINE

The Vinnies Winter Appeal has raised \$6,050 from St Gregory's and St Kevin's parishes. Sincere thanks to all parishioners who donated so generously to the Vinnies Winter Appeal.