

# OUR SUNDAY CELEBRATION

THE MOST HOLY BODY AND BLOOD OF CHRIST / A

7 JUNE 2026

FOR THE LIFE OF THE WORLD. When we eat the flesh of Jesus and drink his blood in Eucharistic communion, we share in his very life, a life poured out for all on the cross. As we gratefully receive this food of eternal life, we are called in turn to pour out our lives in loving service to our brothers and sisters.

## INTRODUCTORY RITES

**ENTRANCE ANTIPHON** cf. Ps 80:17

**He fed them with the finest wheat and satisfied them with honey from the rock.**

## GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

**R. Amen.**

P. Grace to you and peace from God our Father and the Lord Jesus Christ.

**R. And with your spirit.**

## PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

P. You were sent to heal the contrite of heart: Lord have mercy.

**R. Lord, have mercy.**

P. You came to call sinners: Christ have mercy.

**R. Christ, have mercy.**

P. You are seated at the right hand of the Father to intercede for us: Lord have mercy.

**R. Lord, have mercy.**

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**R. Amen.**

## GLORIA

**Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.**

## COLLECT

P. O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.

**R. Amen.**

## LITURGY OF THE WORD

**FIRST READING** Deut 8:2-3, 14-16

A reading from the book of Deuteronomy  
*He gave you food which you and your ancestors did not know.*

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

The word of the Lord.

**R. Thanks be to God.**

**RESP PSALM** Ps 147:12-15, 19-20. R. v. 12

**R. Praise the Lord, Jerusalem. (or Alleluia!)**

1. O praise the Lord, Jerusalem! / Zion, praise your God! / He has strengthened the bars of your gates, / he has blessed the children within you. **R.**
2. He established peace on your borders, / he feeds you with finest wheat. / He sends out his word to the earth / and swiftly runs his command. **R.**
3. He makes his word known to Jacob, / to Israel his laws and decrees. / He has not dealt thus with other nations; / he has not taught them his decrees. **R.**

**SECOND READING** 1 Cor 10:16-17

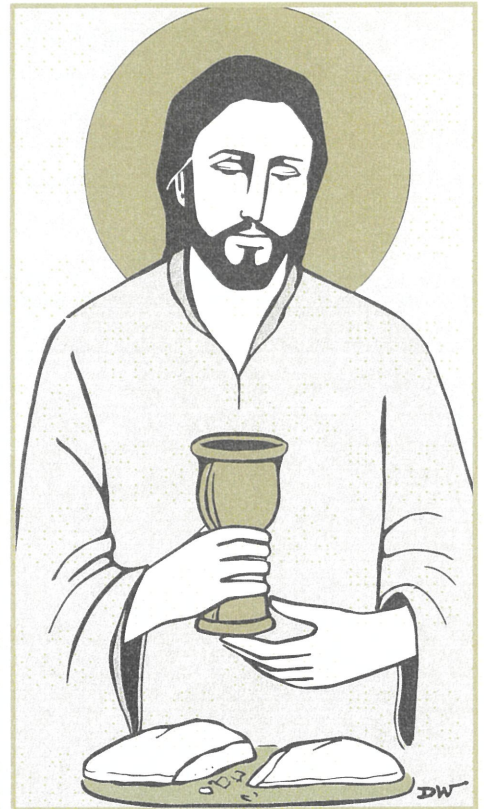
A reading from the first letter of St Paul to the Corinthians

*Though we are many, we form a single body because we share this one loaf.*

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

The word of the Lord.

**R. Thanks be to God**



## SEQUENCE

Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,  
That may not unto dogs be given:

Of in the olden types foreshowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.

Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine

In fields of immortality;  
O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.

**GOSPEL ACCLAMATION** Jn 6:51-52

**Alleluia, alleluia! / I am the living bread from heaven, says the Lord; / whoever eats this bread will live for ever. / Alleluia!**

**GOSPEL** Jn 6:51-58

P. The Lord be with you.

**R. And with your spirit.**

P. A reading from the holy Gospel according to John.

**R. Glory to you, O Lord.**

*My flesh is real food and my blood is real drink.*

Jesus said to the Jews:

‘I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood

has eternal life,

and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink.

He who eats my flesh and drinks my blood lives in me and I live in him.

As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.’

The Gospel of the Lord.

**R. Praise to you, Lord Jesus Christ.**

## HOMILY

### PROFESSION OF FAITH APOSTLES' CREED

*Or the Nicene Creed may be said.*

**I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.**

### PRAYER OF THE FAITHFUL

## LITURGY OF THE EUCHARIST

*After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:*

**R. Blessed be God for ever.**

P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

## PRAYER OVER THE OFFERINGS

P. Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.

**R. Amen.**

## THE EUCHARISTIC PRAYER

P. The Lord be with you.

**R. And with your spirit.**

P. Lift up your hearts.

**R. We lift them up to the Lord.**

P. Let us give thanks to the Lord our God.

**R. It is right and just.**

## PREFACE I OR II OF THE MOST HOLY EUCHARIST

*After the Preface, we sing or say:*

**All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

## THE MEMORIAL ACCLAMATION

P. The mystery of faith.

**All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.**

## COMMUNION RITE

P. At the Saviour's command and formed by divine teaching, we dare to say:

**All: Our Father, who art in heaven ...**

P. Deliver us, Lord, we pray...

**All: For the kingdom, the power and the glory are yours now and for ever.**

P. Lord Jesus Christ, who said...

**R. Amen.**

P. The peace of the Lord be with you always.

**R. And with your spirit.**

P. Let us offer each other the sign of peace.

*All exchange a sign of peace*

## LAMB OF GOD

**All: Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, have mercy on us.**

**Lamb of God, you take away the sins of the world, grant us peace.**

## INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

## COMMUNION ANTIPHON Jn 6:57

**Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.**

## PRAYER AFTER COMMUNION

P. Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.

**R. Amen.**

## THE CONCLUDING RITES

P. The Lord be with you.

**R. And with your spirit.**

P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.

**R. Amen.**

P. Go in peace, glorifying the Lord by your life.

**R. Thanks be to God.**

## BREAKING OPEN THE WORD

### THE LIVING BREAD

Have you ever sat at the deathbed of someone you love, or looked at media reports of destruction of people's houses and living quarters in parts of the world dominated by violence, or realised the effects of global warming, or seen the tragedy of life in the faces of the young that flash across our TV screens? In our depths, we desire life; life for those who are dying, for those close to us, for those whose lives are tragically shortened by war, for our natural world, for the young.

This very theme is the focus of today's Gospel text from John 6. Called the 'bread of life discourse', this chapter unpacks John's theology of the Eucharist. The final section of this long Chapter is about the life that Jesus offers. This life comes from the 'living bread which has come down from heaven'. This is a rich theological symbol at many levels: it is the life, the 'bread', given to the Jews through God's gift to them in the Torah (the first 5 books of the Bible). There they find how to live in covenantal partnership with God; it is the wisdom that comes from Jesus' teaching; it is the Eucharistic bread received into the community in the celebration of the Lord's Supper.

The reality of this symbol is underscored using the word 'flesh'—another rich symbol emphasising Jesus' presence in its abundance. To eat this eucharistic bread and drink his blood offers communion with him in his fullness, and the promise of a life that will outlive the grave and any suffering and tragedy that confronts. Communion with him brings us true life.

FR MICHAEL TRAINOR

### A SERVICE OF THE SOCIETY OF ST PAUL

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# WELCOME TO ST GREGORY THE GREAT—DONCASTER

## The Most Holy Body and Blood of Christ (A)

6/ 7 June 2026

### Parish Office:

Hours: Mon—Fri 9.00am to 3.30pm  
Tel: 9412 8425

Email: [doncaster@cam.org.au](mailto:doncaster@cam.org.au)

Website: <https://www.stgregs.org.au/>

Parish Priest: Fr. Charles Balnaves

Assistant Priest: Anton Aseervathampillai

Business Manager: David Hii

Parish Secretary: Mon & Wed: Vera Arief

Tue, Thurs & Fri: Luisa Yambao

Mon: Bernadine De Silva (bookkeeping)

Sacristan: Mary Stocco - Mob: 0412 742 657

### MASS TIMES:

St Greg's: Sat Vigil 6.00pm; Sun 9.00am, 10.30am & 5.00pm

Wed & Fri 9.00am followed by Holy Rosary & Eucharistic Adoration

CHILDREN LITURGY: Sunday mornings @ 10.30am

YOUTH MASS 2ND SUNDAY OF EVERY MONTH  
UPCOMING DATES: 14 JUNE, 12 JULY

Reconciliation: Saturdays 9.30-11.00am (or by appointment or before/after any Mass but allow time)

Anointing of the Sick before/after any Mass or by appointment

St Kevin's: Sat Vigil 5.30pm; Sun 9.15am;  
Tue & Thurs 9.15am

**"Wash your hands" says my son to his daughter: sensible hygiene is essential at home and at church.**

### NEXT SUNDAY'S READINGS:

Eleventh Sunday in Ordinary Time / A

Ex 19: 2-6, Ps 99: 2-3, 5, Rom 5: 6-11, Matthew 9:36 - 10:8

BAPTISMS: Please ring the Parish Office for bookings

ST GREGORY THE GREAT CATHOLIC PRIMARY SCHOOL:

Tel: (03) 9848 4483

Email: [principal@sgdoncaster.catholic.edu.au](mailto:principal@sgdoncaster.catholic.edu.au)

### PARISH SACRAMENTAL PROGRAMS:

Email Margaret O'Donnell at [margaretodonnell@gmail.com](mailto:margaretodonnell@gmail.com)

### CHRISTIAN MEDITATION GROUP:

Wednesdays at 9.45am in the church meeting room

Contact Paola Cheng 0415 280 216

CORNERSTONE YOUTH GROUP: 3rd Fridays of the month  
7.00pm-9.00pm

YOUNG ADULTS GROUP: 4th Fridays 7:15pm—9.30pm

ST VINCENT DE PAUL CONFERENCE: 3rd Mondays

7.00pm in the School Parish Room

ST GREGORY'S TENNIS CLUB: Membership enquiries:

Gianna Alessio (President) 0438 410 506

**Please pray for:** Those who are **sick** at this time including Elmo Silvapulle, Roma Rouvray, Mrs Margaret Woof, Teresa Wong, Margaret Hanson, Nerie Alcalá, some teenagers, those facing procedures for health, Rose Shew, Meredith Barnes, Margaret Hanson, Nerie Alcalá, Maria Benic, Raymond Au, Helen, Robert, Tilly, Mary Navaratne, Ivan Peterson, Amy Liu, Ann & Stephen Kennett, Chris Bannon, Yuet Sim Chow, Jason Shum, Anna Ng, Michael Mullens

**and for those who died recently**

**and for those whose anniversaries occur about now**

Sarah Bone, Nee Onn Wong, Josephine Slivapulle and Gabriel Silvapulle, Paul & John Mary Lemos

### Words from PP

#### Mass Times Survey

We have received over 100 responses to the survey regarding changing Mass times. The responses are very varied, and the comments provide great food for consideration of alternatives.

Until the end of next weekend (June 7<sup>th</sup>) the survey remains available for your input. If you haven't provided your thoughts, then please do so. I want the broadest possible range of responses.

The survey is available in paper form in the gathering spaces of the churches and on the websites for the three parishes or you can email the parish offices.

#### Three Parishes Partnering

There are many things coming along the path for the future of our parishes.

- On-going joint Parish Pastoral Council discussion.
- The Alpha Experience – we spent Wednesday evening planning our next adult experience from August 19<sup>th</sup> to October 28<sup>th</sup> with the possibility of a separate Alpha for young people (13-17).
- We are piloting a new approach to developing faith in our children – Andrew's Ministries. Small groups of children discussing the things affecting them in a context of faith and in a safe setting.
- Perhaps a follow on from the Pentecost Retreat in the Holy Spirit. A follow on for adults and another for young people.
- Opportunities for our three liturgy groups to gather and imagine ways we can help each other enrich our Masses.
- Opportunities for our safeguarding groups to build upon each other's learnings and enhance the already well-advanced practices that we have.
- Possibilities for shared events.

This is just a beginning. It will take your participation to help us move ahead with these and all the things that the Holy Spirit has in store for us.

*God bless, Fr Charles.*

**Please scan the QR code for the Mass Times survey. Your participation is greatly appreciated and will provide valuable feedback to us.**



#### Fr Charles' Prayer Intention:

For the successful discernment of the Spirit and its ways leading us to implement revised Mass times for our three parishes.

*St Gregory's is committed to growing a Child Safety Culture with Love*

**THIS WEEK**

Sat 6.00pm  
 Sun 9.00am  
 Sun 10.30am  
 Sun 5.00pm

**LECTORS**

Alvin Priyana, Frank Ryan  
 Jacqueline Rogers, Paola Villanueva  
 Erin Djukiadmodjo, Sauro Antonelli  
 Jane Ma, Valentinus Reza

**CARE OF THE CHURCH:** Mary Wilson**MONEY COUNTERS:** Christopher Lim, Josie Masters**NEXT WEEK**

Sat 6.00pm  
 Sun 9.00am  
 Sun 10.30am  
 Sun 5.00pm

**LECTORS**

Joseph & Lorna Philip  
 Tony Nimmo, Philip Dunlop  
 Sauro Antonelli, Tony Ting  
 Youth Mass

**CARE OF THE CHURCH:** Mike Yambao**MONEY COUNTERS:** Don & Lina Pavone**COMMUNION MINISTERS**

Sharron Wilkinson  
 Margaret Wallace  
 Nuccia La Rocca, Rob Rukavina, Maggie Yong  
 Mary Tonti-Filippini, Alfred Lee

**MORNING TEA:** Max & Tyler**FLOWERS:** Geraldina Donato**COMMUNION MINISTERS**

Frances Cannizzo, Margaret O'Donnell  
 Mary Stocco  
 Maggie Yong, Lilian Antonelli, Nuccia La Rocca  
 Youth Mass

**MORNING TEA:** N/A**FLOWERS:** Mary Piccoli

For those who are **Coeliac**, we can provide low gluten (<20 pmm) hosts.  
 Please let the priest or sacristan know your need.

**St Gregory the Great Catholic Primary School****Open Days:**

29th Oct at 9.30-11.30am

School Tours: contact 9848 4483  
[sgdoncaster.catholic.edu.au](http://sgdoncaster.catholic.edu.au)

(03) 9848 4483 [principal@sgdoncaster.catholic.edu.au](mailto:principal@sgdoncaster.catholic.edu.au)

**Parish Facilities:** The Parish Hall and Parish Room are available for use. Bookings can be made:  
[office@sgdoncaster.catholic.edu.au](mailto:office@sgdoncaster.catholic.edu.au)

**Ways of Giving—****Thank you for your generosity and continuous support!****Scan and Give**

Scan this code with your phone camera and donate directly to our church. Choose Payment for Church Donations. It's simple and secure.

**Give by Contactless**

Use our Eftpos Machine located in the church Narthex. You can donate with: a debit/credit card. It's simple and secure.

Celebration of the Mass is our central act of worship,  
 bringing us closer to God and our community.

**THE MASS**

**Session 2**  
**Gaining a richer understanding of the Mass**  
**Thursday, 18<sup>th</sup> June**  
**7.00pm to 9.00pm**

Presented by:

**FR FRANK O'LOUGHLIN**

RETIRED PRIEST, AUTHOR AND THEOLOGIAN,  
 FR FRANK WILL LEAD US IN BETTER UNDERSTANDING THE STRUCTURE AND PURPOSE OF THE MASS AS THE CENTRAL ACT OF FAITH IN OUR CATHOLIC TRADITION.

St Gregory the Great Catholic Church, 71 Williamsons Rd,  
 Doncaster

RSVP via Sign Up Sheets in the Church Foyer.

More Info: [doncaster@cam.org.au](mailto:doncaster@cam.org.au) - 03 9412 8425**14 JUNE 2026, SUNDAY****MASS 5.00PM**

FROM THE EMPTY TOMB TO THE ALTAR

**YOUTH & YOUNG ADULTS MASS**

**ST GREGORY THE GREAT CATHOLIC CHURCH**  
**71 WILLIAMSONS RD, DONCASTER**

Youth &amp; Young Adults led Mass for all ages.

**UPCOMING DATES: 12<sup>TH</sup> JULY, 9<sup>TH</sup> AUGUST**

**COME WITH EXPECTANT HEARTS.**  
**BRING YOUR FAMILY AND FRIENDS.**  
**ALL ARE WELCOME!**

[STGREGS.ORG.AU](http://STGREGS.ORG.AU)**2026 VINNIES WINTER APPEAL**

Each year at about this time we ask you, the parishioners of St Gregory the Great Parish, to donate to the St Vincent de Paul Winter appeal. Inspired by the joy of the Gospels and our Catholic social teachings, this is something you can do that will really make a difference to people in need.

As we enter this winter your commitment to help people who are experiencing disadvantage, poverty and homelessness is very much needed and appreciated. Requests for assistance have increased this year as the cost of living has impacted everyone but especially those who might normally manage on a small income. If you are able to contribute to the Vinnies Winter Appeal, you may do so in one of the following ways:

- donate online by visiting the direct link to our Conference fundraising page: <https://fundraising.svdv-vic.org.au/doncastertemplestoweconference>
- Use the QR Code to link to our Conference fundraising page. Receipts will be automatically emailed out to donors.
- donate over the phone using a credit card by calling 13 18 12 - Donors can allocate donations to St Gregory the Great, Doncaster, by giving the name of the conference over the phone.
- There will be a second collection on June 20<sup>th</sup> and 21<sup>st</sup> where you can make a donation using one of the Vinnies envelopes or placing cash in the Vinnies Winter Appeal Donation Box at the back of the church.

This year the appeal will take place on the weekend of June 20th and 21st



Members of our Conference will be available after each of the Masses to answer any questions about the Vinnies and their work. Thank you.

**CAN YOU HELP VICTIMS OF CHURCH-RELATED ABUSE?**

For fourteen years, the Lifeboat Geelong Foundation has been assisting victims of church-related sexual abuse from all over Australia. Generous supporters have donated a number of motor vehicles of varied value (from \$500 to \$20,000!), including cars from deceased estates or which are no longer required. Some have been directly gifted to a victim/survivor in need, while others have been sold to generate funds required to assist victims in a multitude of ways (counselling, rent, utilities and other domestic and personal necessities).

You could help this important work simply by bringing it to the attention of people who might consider donating an unwanted motor vehicle, such as a car from a deceased estate or which, for whatever reason, is no longer required.

Also, since the "Lifeboat Car Project" began in 2020, one single dedicated volunteer has overseen the process, which includes working with the donor to organise a Roadworthy Certificate and assisting recipients or purchasers of the vehicle with the required documentation for Vicroads. He now needs a rest – or at least some help!

So "Lifeboat" also needs a few people who are reasonably familiar with the usual car transfer regulations to assist donors of vehicles (and potential buyers) to negotiate the formal processes. If you or someone you know could help (maximum involvement with four cars per year), please contact Fr. Kevin Dillon (0421 777 360 or [frkdillon@outlook.com.au](mailto:frkdillon@outlook.com.au)) for more information.