

Jesus said to the Jews:

‘I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly,
if you do not eat the flesh of the Son of Man and drink his blood,
you will not have life in you.
Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.
For my flesh is real food
and my blood is real drink.
He who eats my flesh and drinks my blood lives in me and I live in him.
As I, who am sent by the living Father, myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven; not like the bread our ancestors ate: they are dead,
but anyone who eats this bread will live for ever.’

The Gospel of the Lord.
R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH APOSTLES’ CREED
Or the Nicene Creed may be said.

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.
P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.
R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS
P. Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.
R. Amen.

THE EUCHARISTIC PRAYER
P. The Lord be with you.
R. And with your spirit.
P. Lift up your hearts.
R. We lift them up to the Lord.
P. Let us give thanks to the Lord our God.
R. It is right and just.

PREFACE I OR II OF THE MOST HOLY EUCHARIST
After the Preface, we sing or say:
All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION
P. The mystery of faith.
All: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

COMMUNION RITE
P. At the Saviour’s command and formed by divine teaching, we dare to say:
All: Our Father, who art in heaven ...
P. Deliver us, Lord, we pray...
All: For the kingdom, the power and the glory are yours now and for ever.
P. Lord Jesus Christ, who said...
R. Amen.
P. The peace of the Lord be with you always.
R. And with your spirit.
P. Let us offer each other the sign of peace.
All exchange a sign of peace

LAMB OF GOD
All: Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION
P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.
R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON Jn 6:57
Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION
P. Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.
R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.
R. And with your spirit.
P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.
R. Amen.
P. Go in peace, glorifying the Lord by your life.
R. Thanks be to God.

BREAKING OPEN THE WORD

THE LIVING BREAD
Have you ever sat at the deathbed of someone you love, or looked at media reports of destruction of people’s houses and living quarters in parts of the world dominated by violence, or realised the effects of global warming, or seen the tragedy of life in the faces of the young that flash across our TV screens? In our depths, we desire life; life for those who are dying, for those close to us, for those whose lives are tragically shortened by war, for our natural world, for the young. This very theme is the focus of today’s Gospel text from John 6. Called the ‘bread of life discourse’, this chapter unpacks John’s theology of the Eucharist. The final section of this long Chapter is about the life that Jesus offers. This life comes from the ‘living bread which has come down from heaven’. This is a rich theological symbol at many levels: it is the life, the ‘bread’, given to the Jews through God’s gift to them in the Torah (the first 5 books of the Bible). There they find how to live in covenantal partnership with God; it is the wisdom that comes from Jesus’ teaching; it is the Eucharistic bread received into the community in the celebration of the Lord’s Supper. The reality of this symbol is underscored using the word ‘flesh’—another rich symbol emphasising Jesus’ presence in its abundance. To eat this eucharistic bread and drink his blood offers communion with him in his fullness, and the promise of a life that will outlive the grave and any suffering and tragedy that confronts. Communion with him brings us true life.

FR MICHAEL TRAINOR

A SERVICE OF THE SOCIETY OF ST PAULS
Unauthorised reproduction of this bulletin prohibited. Published with ecclesiastical approval by ST PAULS PUBLICATIONS, PO Box 906, Strathfield NSW 2135. Tel 02 9394 3400 Email: sales@stpauls.com.au Scripture readings taken from The Jerusalem Bible, © 1966 Hodder & Stoughton Ltd. All rights reserved. Psalm text from The Psalms, A New Translation, © 1963, The Grail (England), HarperCollins. New translation of the Order of Mass from The Roman Missal © 2010, International Commission on English in the Liturgy Corporation. All rights reserved. Artwork by Sr Dorothy Woodward rsj. Layout, commentaries and illustrations © St Pauls Publications, 2026. No 771. Website: www.stpauls.com.au

OUR SUNDAY CELEBRATION

THE MOST HOLY BODY AND BLOOD OF CHRIST / A

7 JUNE 2026

FOR THE LIFE OF THE WORLD. When we eat the flesh of Jesus and drink his blood in Eucharistic communion, we share in his very life, a life poured out for all on the cross. As we gratefully receive this food of eternal life, we are called in turn to pour out our lives in loving service to our brothers and sisters.

INTRODUCTORY RITES
ENTRANCE ANTIPHON cf. Ps 80:17
He fed them with the finest wheat and satisfied them with honey from the rock.

GREETING
P. In the name of the Father, and of the Son, and of the Holy Spirit.
R. Amen.
P. Grace to you and peace from God our Father and the Lord Jesus Christ.
R. And with your spirit.

PENITENTIAL ACT
P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
P. You were sent to heal the contrite of heart: Lord have mercy.
R. Lord, have mercy.
P. You came to call sinners: Christ have mercy.
R. Christ, have mercy.
P. You are seated at the right hand of the Father to intercede for us: Lord have mercy.
R. Lord, have mercy.
P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.
R. Amen.

GLORIA
Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory; / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT
P. O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.
R. Amen.

LITURGY OF THE WORD
FIRST READING Deut 8:2-3, 14-16
A reading from the book of Deuteronomy
He gave you food which you and your ancestors did not know.

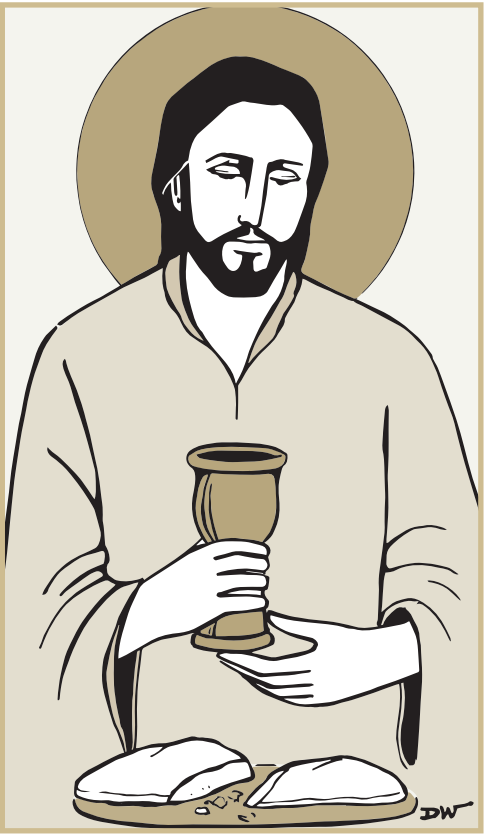
Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.
‘Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.’

The word of the Lord.
R. Thanks be to God.
RESP PSALM Ps 147:12-15, 19-20. R. v. 12
R. Praise the Lord, Jerusalem. (or Alleluia!)

- O praise the Lord, Jerusalem! / Zion, praise your God! / He has strengthened the bars of your gates, / he has blessed the children within you. R.
- He established peace on your borders, / he feeds you with finest wheat. / He sends out his word to the earth / and swiftly runs his command. R.
- He makes his word known to Jacob, / to Israel his laws and decrees. / He has not dealt thus with other nations; / he has not taught them his decrees. R.

SECOND READING 1 Cor 10:16-17
A reading from the first letter of St Paul to the Corinthians
Though we are many, we form a single body because we share this one loaf.

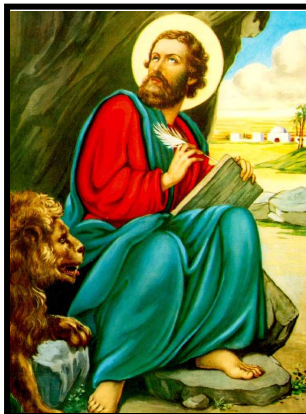
The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.
The word of the Lord.
R. Thanks be to God



SEQUENCE
Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God’s true children meant,
That may not unto dogs be given:
Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from heaven.
Come then, good shepherd, bread divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;
O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen guest,
Co-heirs of thine, and comrades blest
With saints whose dwelling is with thee.

GOSPEL ACCLAMATION Jn 6:51-52
Alleluia, alleluia! / I am the living bread from heaven, says the Lord; / whoever eats this bread will live for ever. / Alleluia!

GOSPEL Jn 6:51-58
P. The Lord be with you.
R. And with your spirit.
P. A reading from the holy Gospel according to John.
R. Glory to you, O Lord.
My flesh is real food and my blood is real drink.



St. Mark's Parish, Fawkner

St. Mark's Parish is committed to the safety, well being and dignity of all children, people and vulnerable adults.

Parish Priest: Fr. Colin J. Xavier

9 Lee Street, Fawkner, 3060

Phone: 9359 3111

Email: fawkner@cam.org.au

Website: <https://www.melbcatholic.org/fawkner>

Parish Office Hours: Tuesday to Friday 10:00am to 4:30pm

Principal: Peter Wilson

St. Mark's Parish School

Phone: 8335 4100

Email: principal@smfawkner.catholic.edu.au

Website: www.smfawkner.catholic.edu.au

"I will not forget you... I have carved you on the palm of my Hand" (Is 49:15-16)

Weekday Mass Times:

Monday to Saturday: 9:00am.

Weekend Mass Times:

6:00pm: Saturday Vigil Mass.

10:00am: Sunday Morning Mass.

6:00pm: Sunday Evening Mass.

First Sunday of the Month:

Renewal of Marriage Vows.

Sacrament of Reconciliation:

Saturday 9:30am and 5:15pm.

Or feel free to phone Fr. Colin.

Every Thursday of the Month:

5:30 - 7:00pm: Hope Café (Free Dinner).

First Wednesday of the Month:

7:00pm: Baptism Preparation Meeting.

First Saturday of the Month:

10:00 - 11:30am: Working Bee.

Parish Advisory and Safeguarding

Committee: Fr. Colin Xavier, P. Wilson, A. George, L. Rahme, L. Grech, D. Abela, E. Bathan.

ST. MATTHEW'S PARISH, MASS TIMES

Tuesday - Friday: 9:30am. Saturday: 5:30pm. Sunday: 9:00am and 10:30am (Italian).



Are you planning a Marriage in the near future?

If so, in order to avoid disappointment, it is most important to first make an appointment with the Parish Priest prior to making any other bookings.



Do not leave your mobiles, purses, wallets, handbags unattended - others may think it is an answer to their prayers...

BEQUEATHING

Would you like to remember the Parish in your Will? Property, Money, Artwork, Plants...

There are many ways you can be remembered.

Do contact the Parish Office (03) 9359 3111 for further information. May God bless you!

ST. MARK'S CATHOLIC PARISH

A warm welcome to new parishioners.

Please let us know that you have joined our community and if there is anything we can do for you.

New to our Parish? ☐

Changing address? ☐

Need Thanksgiving Envelopes? ☐

Please Complete the details below and place in the collection plate at Mass or send to the Parish office.

Name: _____

Phone: _____



PARISH PRAYER

God our Father, bless this parish so that we may love you more.

Help parents to be good examples to their children and our youth to grow in strength as good Christians. Encircle our families with your loving care.

To the sick and the weak grant health, to the aged bring serenity, and to those in sorrow, joy.

May we grow stronger in faith and may our love for one another become deeper in our daily living. Amen.

QR CODE AND ACCOUNT DETAILS FOR THE THANKSGIVING PLEDGE



To make a thanksgiving payment, parishioners simply scan your MelbCatholic QR code with your mobile phone camera and follow a few easy steps. This QR code is unique to St. Mark's Church. Alternatively please make a direct transfer to our Parish Account.

Account Name: St. Mark's Church
BSB: 083-347

Account No: 825284554

Account Name: St. Mark's Presbytery

BSB: 083-347

Account No: 673272043

We thank you for your continuous support and help!



Next Weekends Rosters:

13th June (Sat):

6.00pm Reader: L. Peters.

Extraordinary Minister:

14th June (Sun):

10.00am: Reader: D. Borg & P. Betham.

Extraordinary Minister: R. Mirabile, F. Cortara & G. Canfailla.

6.00pm: Reader: L. Pegorin.

Church Cleaning:

13th June (Thu) Team 2
A. Campana & S. Watson.

Counters:

13th June: E. & A. Bathan, J. Degran.
16th June: L. Grech.

Thanksgiving: \$471(Env) \$512 (Loose). Presbytery: \$201 (Env) \$617 (Loose).

Thank you for your generosity & support.



all that's missing is U!



MONTH OF JUNE IS THE MONTH OF THE SACRED HEART OF JESUS

Pilgrim Virgin: 28th May - Gulizia Family. 11th June - Campana Family.

11th June (Thu): Memorial of St. Barnabas, Apostle.

12th June (Fri): Solemnity of The Most Sacred Heart of Jesus.

Next weekend: There will be a special collection towards the Winter Appeal - St. Vincent de Paul Society.

**THE BEST WEIGHT YOU'LL EVER LOSE IS THE WEIGHT OF OTHER PEOPLE'S OPINIONS.
LIFE IS NOT ABOUT EXPECTING, RATHER ITS ABOUT ACCEPTING.**

POPE'S JUNE PRAYER INTENTION: 'FOR THE VALUES OF SPORTS'



Pope Leo invites Catholics to pray 'for the values of sports,' that all sport may promote peace, fraternity and communion. He recognized the great benefits but also the inherent challenges in the world of sport, and prayed that sporting events may promote peace and fraternity. He thanks the Lord for "the gift of sport, for those who glorify God through the exercise of their bodies, for the friendships born on the field, and the joy of playing as a team."

The Pope recalls how the Lord teaches us "that in life, as in the game, no one is saved alone." We need others to grow, to learn respect, to overcome our limits, and to celebrate together the victories we achieve. He prays that sport may always be a school of fraternity, not of empty rivalry, a space of encounter, not exclusion, a path of peace, not violence. Those who play, train or cheer discover in sport a universal language that brings cultures together, unites peoples, and sows respect, solidarity, and personal growth.

He also prays that every sport become a parable of life lived with you, working with joy and effort, living with humility in defeat and with gratitude in the victory you offer in your Resurrection. May your Spirit, the Holy Father concluded, "never be lacking in us, making us one team, united with you to build communion and fraternity in history."

THE HEART OF JESUS IS THE SEE AND THRONE OF DIVINE MERCY, REVEALED TO THE WORLD IN THE PASSION, DEATH AND RESURRECTION OF CHRIST.



In the Heart of the Redeemer we adore God's love for humanity, his will for universal salvation, his infinite mercy. Practising devotion to the Sacred Heart of Christ means adoring that Heart which, after having loved us to the end, was pierced by a spear and from high on the Cross poured out blood and water, an inexhaustible source of new life. The call which comes from this important feast day is first of all a call to Eucharistic adoration, because in the Sacred Host the Lord Jesus is truly present and He offers each of us His Heart, His Merciful Love.



GOD'S LOVE IS UNCONDITIONAL

Is your love conditional?

Is there a price others have to pay to receive your love and forgiveness? Are you generous with your time, skills, money and possessions?

If you give someone something, do you expect something in return? Do you give your time freely or do you "fit it in" when it's convenient for you? God desires a personal relationship with us so much that He gave us His Son, unconditionally!

Pray for a grateful and generous heart.



CATECHISM OF THE CATHOLIC CHURCH

61. In what way are angels present in the life of the Church?

The Church joins with the angels in adoring God, invokes their assistance and commemorates some in her liturgy. "Beside each believer stands an angel as a protector and shepherd leading him to life." (Saint Basil the Great)

Those who are celebrating their Birthday and Wedding Anniversary this month - We wish you the most beautiful time with family and friends.



THE HOLY EUCHARIST

- Not a symbol
- Not a piece of Bread
- Not a communal snack

It is the real Body and Blood of Jesus Christ Almighty. The Eucharist is everything: the fullness of life, eternal salvation, mercy, grace, happiness.

Simply put, the Eucharist is God. Therefore, the Eucharist is all that God is. When we worship before the Eucharist, we worship God Himself hidden under the appearance of bread and wine. What we see, taste and feel do not reveal the reality before us. Ponder the depth of your faith in the Eucharist today and strive to renew it, worshipping God as one who believes with your whole being.

Saint Juliana of Liège, O.Praem, (Premonstratensian Order; also known as the Norbertines) was the one who became the spark leading to a joyous celebration of Corpus Christi. For her devotion, life, and efforts, she is known as the "Apostle of the Blessed Sacrament."

ONE DAY YOU WILL REALIZE

- No matter how much money you have, you still eat only a few meals a day.
- No matter how big your house is, you still sleep on just one bed.
- No matter how stunning beauty is, it will fade with time.
- No matter how many people you know, only a few will truly stay.
- No matter how luxurious the car is, it can't replace healthy legs.
- No matter how high your title is, it means nothing without inner peace.
- Waking up each morning is already a gift.
- Sleeping peacefully at night is real wealth.
- Having your family by your side is the greatest fortune

12. Synodality and unity

Walking together does not mean everyone thinks the same way. The Church has always held unity alongside diversity. Synodality helps us learn how to disagree respectfully, discern patiently, and remain united in Christ even amid differences.

