

The Jews were complaining to each other about Jesus, because he had said, ‘I am the bread that came down from heaven.’ ‘Surely this is Jesus son of Joseph’ they said. ‘We know his father and mother. How can he now say, “I have come down from heaven?”’ Jesus said in reply, ‘Stop complaining to each other.

‘No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever, and the bread that I shall give is my flesh, for the life of the world.’

The Gospel of the Lord.
R. Praise to you, Lord Jesus Christ.

HOMILY

PROFESSION OF FAITH APOSTLES’ CREED
Or the Nicene Creed may be said.

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our Lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

After the priest raises the paten with the bread and prays, and then the chalice, we respond to each prayer:

R. Blessed be God for ever.
P. Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.
R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

P. Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation. Through Christ our Lord.
R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.
R. And with your spirit.

P. Lift up your hearts.
R. We lift them up to the Lord.
P. Let us give thanks to the Lord our God.
R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:
All: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

THE MEMORIAL ACCLAMATION

P. The mystery of faith.
All: Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

COMMUNION RITE

P. At the Saviour’s command and formed by divine teaching, we dare to say:
All: Our Father, who art in heaven . . .
P. Deliver us, Lord, we pray. . .
All: For the kingdom, the power and the glory are yours now and for ever.
P. Lord Jesus Christ, who said. . .
R. Amen.
P. The peace of the Lord be with you always.
R. And with your spirit.
P. Let us offer each other the sign of peace.
All exchange a sign of peace.

LAMB OF GOD

All: Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.
R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON Ps 147: 12, 14
O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

PRAYER AFTER COMMUNION

P. May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord.
R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.
R. And with your spirit.
P. May almighty God bless you, the Father, and the Son, ✠ and the Holy Spirit.
R. Amen.
P. Go forth, the Mass is ended.
R. Thanks be to God.

BREAKING OPEN THE WORD

THE LIVING BREAD

Today we continue the focus on the Bread from Heaven. In the first reading we see Elijah in the wilderness fleeing from Jezebel. He just wants to lay down and die but an angel of the Lord touches him twice repeating ‘Get up and eat.’ All there was to eat was a round flat loaf and water too, but it was enough for the 40 day/night journey to Horeb, the mountain of God. God provided food for the journey as previously in the desert with Moses. In the continuation of the Bread of Heaven discourse in John’s Gospel, we find the Judeans are complaining about Jesus’ claim to be ‘the bread that came down from heaven.’ They are grumbling and complaining like the Israelites in the desert. Jesus responds recalling the scriptures (Isaiah 54:13) that it is God who teaches them. The ‘Amen, Amen’ saying, translated as ‘I tell you most solemnly,’ emphasises the truth and faithfulness of this saying. In John’s Gospel the double Amen appears 25 times, always uttered by Jesus. In this important statement there is to be no doubt that Jesus is the ‘bread of life.’ He is the bread that comes down from heaven, the ‘living bread.’ The final sentence indicates not only that eating this bread means eternal life but that the bread that Jesus gives for the life of the world is his flesh. We readily understand this as his crucifixion. Beyond this the Judeans will complain further. As we hear these words let us contemplate the gift that Jesus gave us.

DR ROSEMARY CANAVAN

A SERVICE OF THE SOCIETY OF ST PAUL

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NINETEENTH SUNDAY IN ORDINARY TIME / B

11 AUGUST 2024

WHOEVER BELIEVES HAS ETERNAL LIFE. Throughout John’s Gospel many people struggled to understand who Jesus was. Despite the signs he performed, they simply could not believe his claim that he has come from God. Certainly, this claim of Jesus is remarkable, even scandalous. We need the gift of faith to accept it. Our faith in Jesus, the Bread of Life, is expressed and deepened by our participation in the Eucharist.

INTRODUCTORY RITES

ENTRANCE ANTIPHON cf. Ps 73: 20, 19, 22, 23
Look to your covenant, O Lord, and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause, and forget not the cries of those who seek you.

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.
R. Amen.
P. The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.
R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.
All: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (striking the breast) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.
R. Amen.
V. Lord, have mercy.
R. Lord, have mercy.
V. Christ, have mercy.
R. Christ, have mercy.
V. Lord, have mercy.
R. Lord, have mercy.

GLORIA

Gloria to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins

of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING 1 Kings 19: 4-8
A reading from the first book of Kings.
Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day’s journey, and sitting under a furze bush wished he were dead. ‘Lord’, he said ‘I have had enough. Take my life; I am no better than my ancestors.’ Then he lay down and went to sleep. But an angel touched him and said, ‘Get up and eat.’ He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, ‘Get up and eat, or the journey will be too long for you.’ So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord.
R. Thanks be to God.

RESPONSORIAL PS Ps 33: 2-9. R. v. 9
R. Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, / his praise always on my lips; / in the Lord my soul shall make its boast. / The humble shall hear and be glad. **R.**
2. Glorify the Lord with me. / Together let us praise his name. / I sought the Lord and he answered me; / from all my terrors he set me free. **R.**



3. Look towards him and be radiant; / let your faces not be abashed. / This poor man called; the Lord heard him / and rescued him from all his distress. **R.**
4. The angel of the Lord is encamped / around those who revere him, to rescue them. / Taste and see that the Lord is good. / He is happy who seeks refuge in him. **R.**

SECOND READING Eph 4: 30–5: 2
A reading from the letter of St Paul to the Ephesians.
Walk in love, just as Christ.

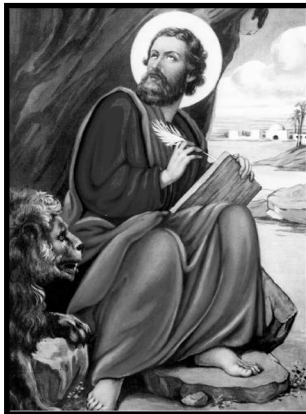
Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.
R. Thanks be to God.

GOSPEL ACCLAMATION Jn 6: 51
Alleluia, alleluia!
I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL Jn 6: 41-51
P. The Lord be with you.
R. And with your spirit.
P. A reading from the holy Gospel according to John.
R. Glory to you, O Lord.
I am the living bread come down from heaven.



St. Mark's Parish, Fawkner

St. Mark's Parish is committed to the safety, well being and dignity of all children, people and vulnerable adults.

Parish Priest: Fr. Colin J. Xavier
9 Lee Street, Fawkner, 3060
Phone: 9359 3111 Fax: 9359 3102
Email: fawkner@cam.org.au
Facebook: St. Mark's Church Fawkner
Parish Office Hours: Tuesday to Friday 10:00am to 3:30pm

Principal: Peter Wilson
St. Mark's Parish School
Phone: 8335 4100
Email: principal@smfawkner.catholic.edu.au
Website: www.smfawkner.catholic.edu.au

"I will not forget you... I have carved you on the palm of my Hand" (Is 49:15-16)

Weekday Mass Times:

Monday to Saturday: 9:00am.

Weekend Mass Times:

6:00pm: Saturday Vigil Mass.
10:00am: Sunday Morning Mass.
6:00pm: Sunday Evening Mass.

First Sunday of the Month:

Renewal of Marriage Vows.

Sacrament of Reconciliation:

Saturday 9:30am and 5:15pm.
Or feel free to phone Fr. Colin.

Every Thursday of the Month:

6:00 - 7:30pm: Hope Café (Free Dinner).

First Wednesday of the Month:

7:00pm: Baptism Preparation Meeting.

First Saturday of the Month:

10:00 - 11:30am: Working Bee.

Parish Advisory Committee:

Fr. Colin Xavier, P. Wilson, A. George,
L. Rahme, L. Grech, D. Abela, E. & A. Bathan.

ST. MATTHEW'S PARISH, MASS TIMES

Tuesday - Friday: 9:30am. Saturday: 5:30pm.
Sunday: 9:00am and 10:30am (Italian).



Are you planning a Marriage in the near future?

If so, in order to avoid disappointment, it is most important to first make an appointment with the Parish Priest prior to making any other bookings.



Do not leave your mobiles, purses, wallets, handbags unattended - others may think it is an answer to their prayers...

BEQUEATHING

Would you like to remember the Parish in your Will? Property, Money, Artwork, Plants...

There are many ways you can be remembered.

Do contact the Parish Office (03) 9359 3111 for further information.
May God bless you!

ST. MARK'S CATHOLIC PARISH

A warm welcome to new parishioners.

Please let us know that you have joined our community and if there is anything we can do for you.

New to our Parish?

Changing address?

Need Thanksgiving Envelopes?

Please Complete the details below and place in the collection plate at Mass or send to Parish office.

Name: _____

Phone: _____



PARISH PRAYER

God our Father, bless this parish so that we may love you more.

Help parents to be good examples to their children and our youth to grow in strength as good Christians.

Encircle our families with your loving care.

To the sick and the weak grant health, to the aged bring serenity, and to those in sorrow, joy.

May we grow stronger in faith and may our love for one another become deeper in our daily living.

Amen.

QR CODE AND ACCOUNT DETAILS FOR THE THANKSGIVING PLEDGE



To make a thanksgiving payment, parishioners simply scan your CDFpay QR code with your mobile phone camera and follow a few easy steps. This QR code is unique to St. Mark's Church. Alternatively please make a direct transfer to our Parish Account.

Account Name: St. Mark's Church
BSB: 083-347
Account No: 825284554

Account Name: St. Mark's Presbytery
BSB: 083-347
Account No: 673272043

We thank you for your continuous support and help!



Next Weekends Rosters:

17th Aug (Sat):

6.00pm Reader: E. Gutierrez.

Extraordinary Minister: M. Gutierrez.

18th Aug (Sun):

10.00am: Reader: S. Fragapane & C. Ene.

Extraordinary Minister: M. O'Gorman.

6.00pm: Reader:

Church Cleaning:

15th Aug (Thu) Team 5:
R. Caruana & Raj.

Counters:

13th Aug: L. McGowan .
20th Aug: L. Grech.

Thanksgiving: \$456 (Env) \$513 (Loose). Presbytery: \$313(Env) \$573 (Loose).

Thank you for your generosity & support.

Pilgrim Virgin: 15th Aug - Elizaga Family. 30th Aug - Garcia Family.

Death Anniversary: Kevin O'Gorman.

14th Aug (Wed): Memorial of St. Maximilian Mary Kolbe.

15th Aug (Thu): Solemnity of The Assumption of the Blessed Virgin Mary.

25th Aug (Sun): St. Mark's Family Parish Feast.

Next weekend there will be a special collection towards the Archbishop's Campaign.



**"Take good care of yourself or you'll have nothing left to give others.
You cannot serve from an empty vessel"**

POPE FRANCIS: 'ALL THINGS ARE POSSIBLE' WHEN WE INVITE GOD INTO OUR LIVES



The Holy Father encouraged his listeners to imitate the faith of Mary, who listened to God and invited the Holy Spirit into her life. He asked: "How is it possible to proclaim Jesus Christ and his salvation to a world that seems to only seek well-being in this world?"

"With God" he continued, "nothing will be impossible, if we believe this, we will perform miracles. The incarnation of Jesus Christ is a historical fact central to the Catholic faith. The Church took up this revealed fact and very soon positioned it at the heart of her symbol of faith".

Pope Francis added that the Nicene Creed, which is recited during Mass, is also an "ecumenical fact of faith" as all Christians share the same belief on the divinity and humanity of Jesus Christ. It affirms that the Son of God was incarnate of the Holy Spirit and the Virgin Mary, and was made man.

CATECHISM OF THE CATHOLIC CHURCH

58. Why does God permit evil?

Faith gives us the certainty that God would not permit evil if he did not cause a good to come from that very evil. This was realized in a wondrous way by God in the death and resurrection of Christ.

In fact, from the greatest of all moral evils (the murder of his Son) he has brought forth the greatest of all goods (the glorification of Christ and our redemption).

STEWARDSHIP MOMENT

"Whoever confesses that Jesus is the Son of God, God abides in him, and he in God." – 1 JOHN 4:15. How strong is your faith? When you have an opportunity to either defend or clarify a question about your Catholic faith, do you do it? Or do you remain silent so that others don't think you are weird?

Pray for the courage to be strong in all circumstances and to joyfully share your witness with others



16th Aug (Fri): 7:00pm - Movie Night in the Hope Cafe! Movie: Mary Magdalene.. Refreshments and drinks are served. All are welcome!



Thank You to All our Parishioners and Visitors for your generosity and support for the needy in our community towards the Winter Appeal - St. Vincent de Paul Society.



SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY.

The Solemnity of the Assumption honours the fact that when the Blessed Virgin Mary completed her life on earth, she was taken body and soul into Heaven to be with her resurrected Son so as to adore the Most Holy Trinity forever.

It's an amazing fact to consider that she retains her body and soul, united as one in Heaven, in anticipation of that glorious day when the new Heavens and Earth will be created and when all the faithful will rise so as to live in a new bodily form forever with God.

We should seek her intercession today. Doing so with great confidence, we should know that a mother so loving would never deny her children all good things granted in accord with God's will.

2024 ARCHBISHOP'S CAMPAIGN: SUPPORTING THE FUTURE OF OUR FAITH COMMUNITY

This weekend marks the launch of the 2024 Archbishop's Campaign across the Archdiocese of Melbourne. This new annual campaign is more than just a fundraising effort; it's a chance for us to show our gratitude for those who have served in vital and sacred ministry in the past and support our seminarians as they prepare to serve in the future.

ARCHBISHOP'S CAMPAIGN COLLECTION

The Archbishop's Campaign collection will take place in all parishes across the Archdiocese on 17 – 18 August 2024.

Parishioners will be able to make a recurring monthly donation or a once off donation to a tax deductible or non-tax-deductible fund.

Tax deductible donations will go to the Archbishop's Charitable Fund which supports tax-deductible recipient entities such as Corpus Christi College Building Fund, Priests Retirement Foundation, University of Divinity Building Fund, John Pierce Centre and the Melbourne Overseas Mission.

Non tax-deductible donations will go to the Catholic Archdiocese of Melbourne Religious Projects Fund which supports seminarian formation and Archbishop Peter's evangelisation initiatives, such as the Australian Catholic Youth Festival and World Youth Day.

ST. MARKS PARISH FEAST ON 25th AUGUST

We will gather as a Parish family to celebrate the Festive Mass on August 25, Sunday at 10:00 am followed by a light luncheon.

For catering purposes, those who wish to attend the Luncheon, please write down your names on the clipboards placed in the foyer.



Four men are in the hospital waiting room because their wives are having babies. A nurse goes up to the first guy and says, "Congratulations! You're the father of twins."

"That's odd," answers the man. "I work for the Minnesota Twins!"

A nurse says to the second guy, "Congratulations! You're the father of triplets!"

"That's weird," answers the second man. "I work for the 3M company!"

A nurse tells the third man, "Congratulations! You're the father of quadruplets!"

"That's strange," he answers. "I work for the Four Seasons hotel!"

The last man is groaning and banging his head against the wall. "What's wrong?", the others ask.

"I work for 7 Up!"

