



ST JOHN'S CATHOLIC PARISH

52 Yarra Street
HEIDELBERG



We acknowledge the traditional custodians of the land on which our parish stands, the Wurundjeri-Balluk clan of the Woi wurrung people in the Kulin Nation.
Central to the mission of St John's Parish is an unequivocal commitment to fostering the dignity and integrity of children and young people and providing them with a safe and supportive environment in which to flourish.

PARISH PRIEST Fr Vinh Nguyen
ASSISTANT PRIEST: Fr Geo

ST JOHN'S PARISH OFFICE:
52 Yarra Street Heidelberg 3084
Phone: 94571066 & 70643906
Email: heidelberg@cam.org.au
Website: www.melbcatholic.org/heidelberg

Facebook.com/stjohnheidelberg

PARISH OFFICE HOURS:

Tuesday to Friday
9:30am to 2:30pm

PARISH SECRETARY: Mary Peeris

PASTORAL ASSOCIATE:

Elizabeth Williamson (0447195553)

SAFEGUARDING COMMITTEE CHAIR:

Michelle Penson (0499 891 101)

MASS TIMES:

Weekdays: Tuesday to Saturday:
9:15am

Weekend: Saturday Vigil 6pm
Sunday 8:30am, 10:30am & 5pm

ADORATION: After Friday morning
Mass with Benediction.

EXPOSITION: Wednesday 7.30pm

RECONCILIATION (CONFESSION):
Friday 9.45am -10.15am (during
Adoration)

Sat 9:45 am & 5:30pm.—5.50p.m.

**WEDDING, BAPTISM, FIRST
RECONCILIATION,**

FIRST COMMUNION, CONFIRMATION:
Parish Secretary (9457 1066)

ST JOHN'S HALL HIRE:

Contact parish office.

LEGION OF MARY: Meet every
Wednesdays at 10.30am at parish
house in the Francis Xavier Room.

All Welcome. Fatima Statue
Enquires, Contact Sue 0449260206

ST JOHN'S CATHOLIC PRIMARY

Ms Alison Dean Principal
55 Cape St Heidelberg 3084
Phone: 9459 2963
office@sjheidelberg.catholic.edu.au

4TH /5TH JULY, 14TH SUNDAY IN ORDINARY TIME YEAR A

PARISH PRAYER

Heavenly Father, we the parishioners of St John's are grateful for all we have received from the men, women and children of our past. Help us to cherish and maintain our parish heritage. Most of all, enable us to be people who welcome the stranger, the needy, the sick and the lonely. Like St John, our patron saint, may we be people who love others, as your Son Jesus, asked us to do. We make this prayer, through Christ our Lord. *Amen.*

SHOULDER MY YOKE

The readings for today engage us in a reflection on the nature of the Trinity, as well as the ways that we are enriched by each of the divine Persons. The gospel acknowledges the sovereignty of God. This is followed immediately by mention of the handing over of all things to Jesus, making him a kind of vice-regent of God. Paul speaks of the Spirit, clearly a divine reality, but different from Jesus and the one called God. According to Paul, this Spirit is the Spirit of Jesus and the Spirit of God, implying that somehow both Jesus and God claim the Spirit. It is this Spirit who raised Jesus from the dead, and it is this same Spirit who dwells in Christians.

The grace of this Triune God touches our lives in some ways that are tangible and other ways that demand faith. The most tangible manifestation of God is Jesus himself. God has been revealed to us through this Jesus. While Jesus was a tangible person, our accepting of him as the manifestation of God requires faith, and this faith is no easier today than it was at the time of Jesus himself.

The overriding disposition of these readings is humility. Jesus, the human manifestation of the divine, is meek and humble, and the true disciple is called to be humble. A second disposition is placed before us – grateful praise. In the psalm we praise and bless God; we extol God's holy name. In Jesus we have known the tender touch of God, and we are grateful.

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TAP TO GIVE: Thank you to everyone who has already tried our new digital giving option with the NFC tags over the past week. The response has been wonderful and your generosity is so much appreciated! Your offertory contributions go directly towards the life of our parish, supporting everything from the upkeep of our church to the pastoral care of our community. NFC tags don't store any data themselves; they only take you to our secure giving page on our website. The wooden tags remain on the pews, and QR codes are also available in the foyer. If you haven't yet tried it and would like some help, please don't hesitate to speak with a member of our parish team. Parish office - 94571066 / 70643906,

CHILD SAFETY: St John's Parish is committed to the safety, wellbeing and dignity of all our children, young people and vulnerable adults. Children are to be supervised by a parent/guardian at all times in the church and when leaving the church for any reason.

ENTRANCE: SEEK YE FIRST

Seek ye first the kingdom of God
and his righteousness,
And all these things shall be added unto you.
Allelu, Alleluia.

Ask and it shall be given unto you;
seek and ye shall find;
Knock and it shall be opened unto you.
Allelu, Alleluia.

ENTRANCE ANTIPHON

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

CONFITEOR

I confess to almighty God and to you,
my brothers and sisters, that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
(And, striking their breast, they say:)
through my fault, through my fault,
through my most grievous fault;
(Then they continue:)
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints, and you,
my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you, we adore you,
we glorify you, we give you thanks for your great
glory,
Lord God, heavenly King, O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen

FIRST READING

Zechariah 9:9-10

The Lord says this: 'Rejoice heart and soul,
daughter of Zion! Shout with gladness, daughter of
Jerusalem! See now, your king comes to you; he is
victorious, he is triumphant, humble and riding on a

donkey, on a colt, the foal of a donkey. He will banish
chariots from Ephraim and horses from Jerusalem;
the bow of war will be banished. He will proclaim
peace for the nations. His empire shall stretch from
sea to sea, from the River to the ends of the earth.'

The word of the Lord.

All reply: Thanks be to God.

RESPONSORIAL PSALM

Ps 144:1-2. 8-11. 13-14 .

Response: I will praise your name for ever, my king
and my God.

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever.

R./

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures

R./

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God

R./

The Lord is faithful in all his words
and loving in all his deeds.

The Lord supports all who fall
and raises all who are bowed down.

R./

SECOND READING

Romans 8:9.11-13

Your interests are not in the unspiritual, but in the
spiritual, since the Spirit of God has made his home in
you. In fact, unless you possessed the Spirit of Christ
you would not belong to him, and if the Spirit of him
who raised Jesus from the dead is living in you, then
he who raised Jesus from the dead will give life to
your own mortal bodies through his Spirit living in
you.

So then, my brothers, there is no necessity for us to
obey our unspiritual selves or to live unspiritual lives.
If you do live in that way, you are doomed to die; but
if by the Spirit you put an end to the misdeeds of the
body you will live.

The word of the Lord.

All reply: Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.

Alleluia!

GOSPEL

Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven
and of earth, for hiding these things from the learned

and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

‘Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.’

The Gospel of the Lord.

All reply: Praise to you, Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

(At the words that follow, up to and including and became man, all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen

MEMORIAL ACCLAMATION

Save us, Saviour of the world for by your Cross and Resurrection you have set us free.

COMMUNION ANTIPHON

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

COMMUNION: COME TO ME

REFRAIN

Come to me all who labour and are heavy burdened,
And I shall give you rest.
Take up my yoke and learn from me,
For I am meek and humble of heart.
And you'll find rest for your souls,
Yes, my yoke is easy and my burden is light.

The Lord is my Shepherd, I shall never be in need,
Fresh and green are the meadows where he gives me rest.

Ref.

AS THE DEER

As the deer pants for the water
So my soul longs after You.
You alone are my heart's desire
And I long to worship You.
You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.
I want You more than gold or silver,
Only You can satisfy.
You alone are the real joy giver,
And the apple of my eye.
You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.
You're my friend and You are my brother
Even though You are a King.
I love you You more than any other,
So much more than anything
You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.

RECESSIONAL : SING TO THE LORD

Refrain:

Sing to the Lord! Alleluia! Sing to the Lord all nations!
God has made salvation known.
Alleluia, alleluia, alleluia!

Sing to the Lord! Sing a new song!
Praise the Lord with shouts of gladness!
Alleluia!

Ref.

Sing to the Lord! Praise the Holy One!
God alone is our salvation!
Alleluia!

Ref.

4/5 JULY	SAT 6.00PM	SUN 8:30AM	SUN 10:30AM	SUN 5PM
Reader 1	Clara Hernandez	Robyn Laurie	Jacqueline Lewis	Leela Cherubim
Reader 2	Wendy Hernandez	Cheryl Jayaweera	Peter Greenham	-
Communion	Donna Richardson	Bobbie Bartkus	Leo Cosio	Olivia Musitano
			Charito Cosio	
11/12 JULY	SAT 6.00PM	SUN 8:30AM	SUN 10:30AM	SUN 5PM
Reader 1	Peter Penson	Margherite Ryan	Peter Greenham	Eric Torres
Reader 2	Domenica Ashworth	Cheryl Jayaweera	Margaret Andrews	-
Communion	Michelle Penson	Chris Ratnayake	Vin Sier	Sally Tramontana
			Liz Sier	

Morning Tea, 5th July: Barbara & Tina

AVERAGE COLLECTIONS - JUNE 2026

First Collection <i>(It is taken up after Homily)</i>			Second Collection <i>(taken up after Prayers of Faithful)</i>		
ST JOHN'S PRESBYTERY CHEQUE- BSB 083-347 A/c 659225267			ST JOHN'S CATHOLIC CHURCH - BSB 083-347 A/c 658806318		
Envelopes	Loose Collection	Bank Direct	Envelopes	Loose Collection	Bank Direct
\$389.06	\$1,127.74	\$622.00	\$520.05	\$581.65	\$1,565.75

MORNING TEA & SAUSAGE SIZZLE: This Sunday 5th July following the 10.30am Mass, will be available in the Parish Hall. All are welcome. Please take this opportunity to **farewell Fr Geo our Assistant priest** who will be leaving on holidays from next week and returning to join his new posting in August.

ALTAR SERVERS TRAINING SESSION: On Thursday the 9th of July at 5pm. Young people from Year 4 (who have made their First Communion) and above are encouraged to chat with their parents about the possibility of joining this ministry.

MARRIAGE ANNIVERSARIES MASS AT ST PATRICK'S CATHEDRAL: Sunday 12 July, 11 am. Married couples and their families are cordially invited to celebrate the gift of marriage and family. Couples who register and are celebrating the following anniversaries—5, 10, 15, 20, 25, 30, 35 or 40 years and above—will receive a commemorative certificate. Please register by Tuesday 7 July at www.trybooking.com/DMQDP For any queries, please contact 99265761 or proclaim@cam.org.au.

COMMUNION VISITATION: If you know of someone who can no longer get to Mass and would like to receive Communion in their home, please contact the Parish Office on 94571066 to arrange a suitable time.

PETER'S PENCE: The Collection totaled \$713.80. Thank you for your generosity.

ST JOHN'S YOUTH GROUP: The next gathering will be on Sunday, 19th July after the 5pm Mass in St Francis Xavier meeting room, 52 Yarra Street. All youth from Secondary school Year 9 to 30 years of age are warmly welcome.

GEMS (Parishioners 50 years and over): The GEMS will resume for Term 3 on Tuesday July 14th at 12.00pm Old England Hotel – Christmas in July. \$33.90 for soup and choice of two mains OR \$33.90 for choice of two mains and two desserts. Please contact Elizabeth to book, 0447195553

GAMES AND TRIVIA FUN NIGHT
ST. JOHN'S PARISH HALL (Cape St)
Saturday 25th July 7.05pm
GREAT FUN, PRIZES AND FRIENDSHIP
\$20 Adult, Children Free
BYO FOOD, GLASSES AND DRINKS,
TEA, COFFEE & NIBLES PROVIDED
(Please write you name on the list at the rear of the church so we have an idea of numbers)
{All funds raised go toward restoration of our church}
Come by yourself, with a group of friends or your family

PLEASE REMEMBER IN YOUR PRAYERS

THE SICK: Gloria Torres, Fr Michael Anghel, Sergio Furlan, Margaret Sinclair, Wendy Wales, Ross Pace.

Please submit intentions for sick, recently deceased and anniversaries for the newsletter by Thursday morning latest. Thank you