

# Children's Liturgy of the Word



**Exaltation of the Holy Cross**  
**14 September 2025 - Year C**  
*"The Son of Man must be lifted up."*

## Something to Think About

The gospel tells us that God loves the world. If you were God, how proud would you be on the world today?  
Name all the wonderful things and caring people that are part of our world today.

## The Story

God gave us Jesus because God loved us so much. Jesus came to save us, and he came to live among us.  
If Jesus came today, where do you think he might live and what work might he do?

## The Scriptures

*A reading from the holy Gospel according to John* (3:13-17)

Jesus told Nicodemus:

"No one has gone up to heaven except the Son of Man,  
who came down from there.

And the Son of Man must be lifted up,  
just as that metal snake was lifted up by Moses in the desert.

Then everyone who has faith in the Son of Man will have eternal life.

"God loved the people of this world so much

that he gave his only Son,

so that everyone who has faith in him

will have eternal life and never die.

God did not send his Son into the world to condemn its people.

He sent him to save them!"

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## Group Discussion

Jesus was lifted up on the Cross to save us. Salvation is about making life better for people.

What can you do this week to help others and make life better for them?

What can you do for your family and friends?

What can you do for those people you do not like so much?

## Praying For Others

*Leader:* Let us pray now for the leaders of our Church, our world, for those in our community and for our own needs.

*Reader 1:* We pray that our leaders will make wise decisions. Lord hear us.

**All: Lord hear our prayer.**

*Reader 2:* We pray for people who are trying to find their way back to Jesus. Lord hear us.

**All: Lord hear our prayer.**

*Reader 3:* We pray that our faith in Jesus may grow. Lord hear us.

**All: Lord hear our prayer.**

*Reader 4:* We pray that our actions will make life better for others. Lord hear us.

**All: Lord hear our prayer.**

*Reader 5:* We pray for hearts that are ready to forgive. Lord hear us.

**All: Lord hear our prayer.**

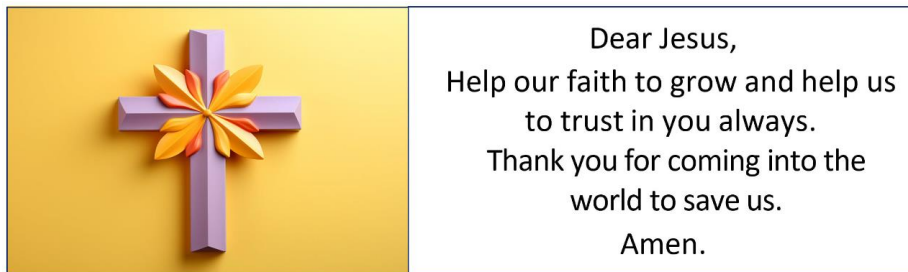
*Reader 6:* We pray for our own needs. *(Invite the children to pray for their own special intentions).* Lord hear us.

**All: Lord hear our prayer.**

*Leader:* Loving God, listen to the prayers we make in the name of Jesus.

**All: Amen.**

## Prayer



## Video (optional)

Click to watch the video: [Sign of the Cross](#)



## Group Activity (optional)

### CROSS ART

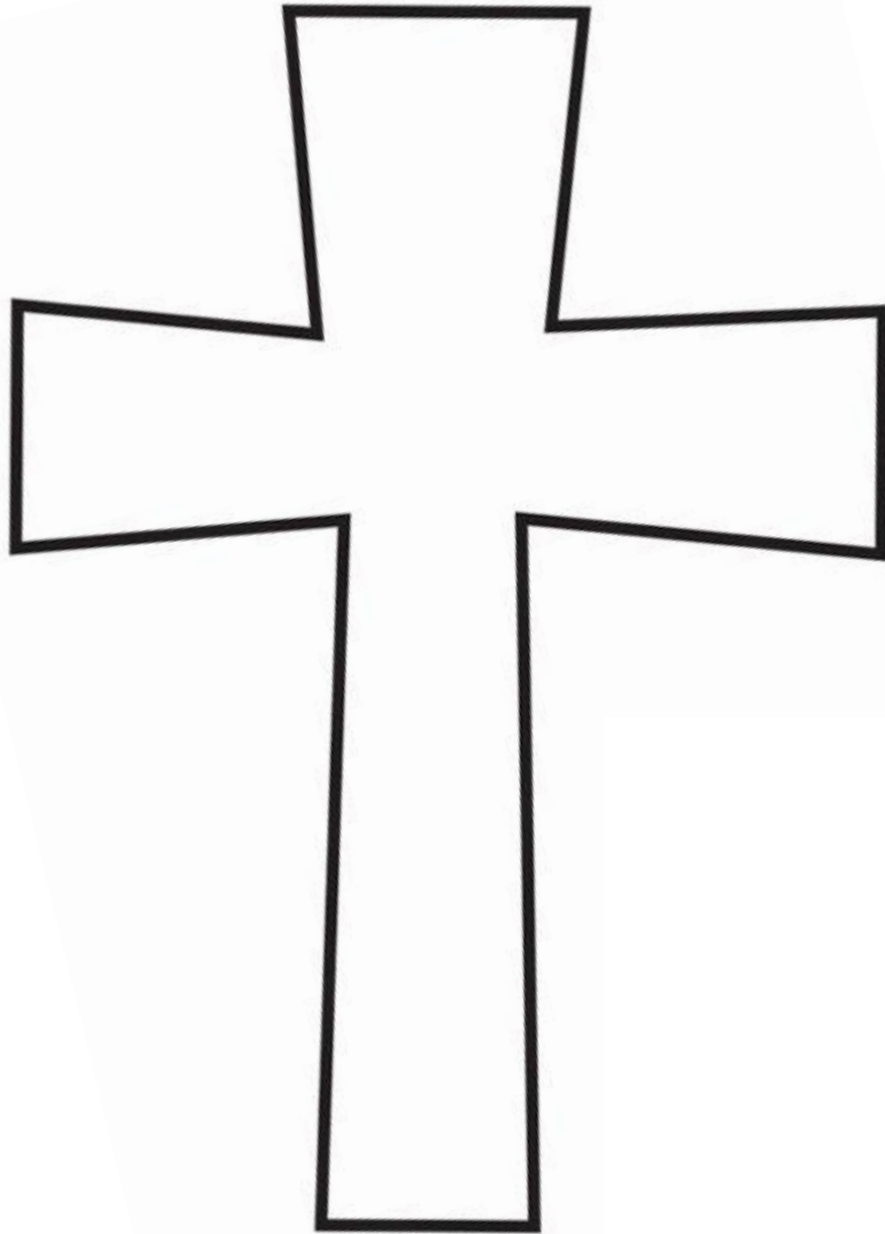
*You will need: cross template, scissors, white and black cardstock, clear glue, chalk pastels, double-sided tape.*

1. Print cross template on white cardstock (preferred).
2. Using scissors, cut out the cross carefully on the black lines' outer edge.
3. On black cardstock, put the cross in the middle of the paper with double-sided tape.
4. Use a variety of colour pastels and colour in a zig-zag type pattern radiating out from the cross, overlapping the cross edges. Rub pastel chalks with index finger for a blurred appearance.
5. Gently remove cross template.



# Cross Template

(Cut out and fix in the middle of the black paper using double sided tape)





**GOD LOVES  
US ♥ SO  
MUCH...  
GOD SENT  
JESUS TO  
GIVE US  
LIFE!**



Colour the cross with felt-tip  
pens and hang it in a window  
where the sun can shine through it.