



Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: Ringwood@cam.org.au Web: <https://www.melbcatholic.org/s/ringwood>

Fifth Sunday of Easter (Year A)

3 May 2026

Parish Information

Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

Fr Maurie Cooney (retired)

Parish Catechist

Trish Chaston

Pastoral Care Worker

Loredana Iacobucci

Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

Weekend Mass Times

Saturday Vigil 5:00 p.m.

Sunday 9:30 a.m.

Week Day Masses

Tuesday 6:00p.m. Mass and Novena

Thursday 9:15 a.m.

First Thursday—Healing Mass

Confessions

Thursday 9:45 a.m.

Baptism

Please contact the office.

Weddings

Please contact the office.

Our Lady of Perpetual Help School

Principal: Jenny Rohan

admin@olringwood.catholic.edu.au

2 Wilana Street, Ringwood

98707227

WHAT WE CARRY WITHIN

“What lies behind us and what lies before us are tiny matters compared to what lies within us.”

~ Ralph Waldo Emerson ~

There are times when we find ourselves thinking about what has happened in the past or worrying about what may lie ahead, but there is something that can help ease the weight of it all. What we carry inside – our courage, our kindness and our ability to keep going – often matters more than anything else in difficult moments. Even on days when we feel unsure or a bit overwhelmed, there is still strength within us that only becomes clear in hindsight.

Our mental health is part of this, part of how we understand ourselves and care for our wellbeing. It is shaped not only by what is going on around us, but also by how we respond, how we look after ourselves and how we reach out when we need support.

It's also worth remembering that many people we meet are carrying a burden of their own, even if it isn't always visible. Some are dealing with worries, pressure, loss or quiet struggles in their lives. So it is important to be kind, because a bit of patience and understanding can go a long way. We never really know what someone else is going through.

It's okay not to have everything worked out. Sometimes it's enough to take things one step at a time and trust that we are stronger than we think. And, on the days when it feels difficult, we can gently remind ourselves that we are still growing, still changing and still finding our way through life, as best we can.



Dear God, help us to be gentle with ourselves and patient with others. On the hard days, remind us we are not alone and help us to keep going with hope. Amen.

Sourced from www.majellan.media

The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

Parish Ministries

2/3 May
Saturday 5:00

Lectors: Val Prendergast, Prudence Graf

Eucharist: Jennifer & Martin de Korte,
Brian Du Bois

Laptop: Joshua Berketa

Sunday 9:30

Lectors: Frances Cassidy, Marianne Magsalin

Eucharist: Glynis Misquita, Bob Munro, Shiny Kurian

Music: Rohan Smith

Laptop: Jos Vandersman

Children's Liturgy: Ingrid Scott

Morning Tea: Danae & Rod Allison

9/10 May

Saturday 5:00

Lectors: Brian Du Bois, Christian Gunawan

Eucharist: Angela Truillo, Frances Cassidy,
Carmel Risson

Music: Alys Cavanagh **Laptop:** Matt Giuliano

Sunday 9:30

Lectors: Evelyn Randrup, Emily Thomas

Eucharist: Breeda Cleary, Shiny Kurian,
Samantha David

Music: Our Lady's Singers

Laptop: Bob Munro

Children's Liturgy: Jennifer Tolcher

Morning Tea: JP Gigli & Mel Quinto

Flowers

Week 1 & 2—Elizabeth & Regina (Polish Community)

Week 3 & 4 — Maria & Helen

Week 5—Glynis & Pol (Filipino Community)

April linen: — Marie Woodward

Link for Readings of the Day

<https://universalis.com/>

australia.melbourne/20240301/mass.htm

Parish Sacramental Program

For those not attending the Parish School, email
trish.chaston@cam.org.au

Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school
age children are welcome to attend.

1st Sunday of the Month—May 3

Polish Mass 8:00am

4th Sunday of the Month—April 26

Zomi Community Mass 2:00pm

Filipino Mass 5:00pm

Please pray...

For those who are sick or suffering serious illness, their families and
loved ones who care for them:

For those who have died recently: Cory Santos

For those whose anniversaries occur at this time: Bruce Scott,
Remedios Estrada, Norma Cooper, Albert Moore, Adrian Young



Scripture Readings Next Weekend

6th Sunday of Easter

Acts 8:5-8, 14-17

Ps 65:1-7, 16, 20

1 Pet 3:15-18

Jn 14:15-21



Fresh from her appearance on Season 2 of ABC TV's "The Piano", our
very talented parishioner Alys Cavanagh is presenting an evening of
story and song.

You are invited to join us on Monday 25th May at 6.30pm in Our Lady's
Church where Alys will play music for us, interspersed with some of
her story of encounter with Jesus on a journey through complex
mental illness.

The cost is \$20 (cash or eftpos on the night) which Alys is donating to
the Parish Building Fund (thank you, Alys!) and drinks and supper will
be provided afterwards. We hope that you can make this very special
event.

Office closed Tuesday 5 May as Janine will be at a Diocesan meeting.

Lavender Bags for Sale

After both Masses, on Mother's day we will be selling
our lavender bags. Home grown lavender packaged by
wonderful parish women.

Please bring cash. The money will go to the Parish. \$5
each



St V de P Food Donations

St Vincent de Paul in Ringwood is in need of food donations for our
Ringwood companions.

**Pantry staples such as; tea, coffee, cereal, pasta and pasta sauce, soup
cans/packs, baked beans, tinned fruit & veg and biscuits would be
appreciated.** No soft drink, lollies, chips or popcorn please

May Mass Counts

Each weekend in May, the regular mass counts will take place at each
mass.

CatholicCare Victoria Sunday Appeal -This weekend

This year, the Appeal aims to give hope and support to people experiencing homelessness. Our faith calls us to welcome the stranger and care for those most in need. Your compassion ensures individuals and families are supported with safe housing, practical assistance, and compassionate care as they rebuild their lives.

Your generosity helps open the door to safety, dignity and hope.

Please donate to the CatholicCare Victoria Sunday Appeal.

You can donate:

Using the appeal envelope available in our parish

Online - www.catholiccarevic.org.au

Phone - (03) 9967 2515

Scan the QR Code



All gifts of \$2 and above are tax deductible.

"For I was a stranger and you welcomed me." (Matthew 25:35)

Stewardship Envelopes

If you donate using envelopes the new packs for 2026/2027 are available in the narthex this weekend. Please note money placed in these envelopes is designated for the parish not the presbytery.

Our Lady's Table Tennis

Feel like a game of table tennis? Come along by yourself or bring a friend or two and join in the fun on Monday 10-12 in the Parish Hall. Wear appropriate footwear. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

Child Safety

The Child Safety Officers identified by a name tag should be the first point of contact for any concerns regarding child safety. **Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex.**

Safeguarding Compliance for Volunteers

If you undertake any volunteer role within the parish you are required to:

- Have undergone a Working With Children (WWC) Check
- Signed the Code of Conduct—this can be done online or ask for a hard copy
- Undertaken the online training session.

If you are a lector, special minister, sing in the choir, a musician, arrange the flowers, assist with the garden, wash the church linen, take children's liturgy, serve morning tea, visitations, etc. the above must be undertaken for compliance to the Archdiocese Safeguarding Policy. Please check you have done all listed. Call the office if you need assistance.

Links to each of these can be found on the Parish Website.

Your role as a volunteer is very much appreciated by the parish.

Morning Tea

Why not stay awhile after 9:30 Mass for a cuppa and find someone you haven't met yet? A good way to grow our community.

Outreach Pastoral Care Ministry

If you or someone you know would like to have a chat or a visit, please call Loredana on 0423 313 336 or e-mail loredana.iacobucci@cam.org.au.

Synod Corner Synodality and priests

For priests, synodality is not an added burden but a way of exercising ministry in communion. When priests foster listening and participation, parishes become more alive, missionary, and joyful. The priest presides at the Eucharist, but the whole community contributes to the Church's mission.



Time Out Gathering -15 April

A great opportunity for older members of the parish to get together.

We meet and share a lunch in the narthex at 12 noon on the 3rd Wednesday of the month

On the 1st Wed. we gather to Dine Out at a local venue. (contact Alan/ Maree 0467 683 051)

Morning melodies (Contact Barbara Cosgriff 0412 522 865)

More information call Lyn Bolton 0478787480 or Margaret O'Loughlin 0400 984 647

OPEN DAY DATES

Tours at 9:30am & 1pm

TERM 1

Thursday 19th February
Friday 27th February
Thursday 12th March
Wednesday 25th March
Monday 30th March

TERM 2

Tuesday 21st April
Wednesday 6th May
Thursday 21st May
Friday 29th May

Our Lady's is a nurturing and inclusive Catholic school. Our students are provided with a high quality education where the wellbeing of each child is paramount.



Ph: 0670 7227 principal@oringwood.catholic.edu.au
www.oringwood.catholic.edu.au

We acknowledge the Wurundjeri People as the traditional custodians of this land and pay respects to their Elders. We acknowledge that this land continues to be sacred to them.

Stewardship Corner

"The stone which the builders rejected has become the cornerstone." 1 PETER 2:7

Every person has been given gifts from the Holy Spirit. These are called "charisms" and they are used to build God's kingdom of earth. While many people are able to recognize their natural talents and abilities, they may be unsure of their charisms. If you know someone who is struggling for a direction in life, give them a little encouragement. Help them discern their charisms and how God is calling them to use them. Remember - no gift is too small or insignificant in God's salvation plan.

to support our parish click
[HERE](#) or use the QR Code
Please choose where you wish
your
support to go.



Supporting the Parish/Church

Donate using:

Direct credit/debit
QR Code above
Envelopes placed in collection
Tap and Go Machines

Supporting the Priest/Presbytery

Loose cash in the collection.
Direct Debit /credit card
Direct deposit: Account name: St Johns Presbytery Account
BSB 083347 ACCT NO. 459 634 437

St Vincent de Paul Piety Stall

CASH ONLY—Sorry.

The piety stall has available items for Sacraments: **stoles, cards, gifts.** **Opened:** After 5:00pm Mass Saturday and 9:30 am Mass Sunday. For welfare enquiries please call Vinnies on 1800 305 330 Mon-Fri 10am–3pm

ST VINCENT de PAUL

RINGWOOD CONFERENCE DONATION OPTION

If you wish to donate directly, our Bank Account details are:
A/C Name: SVDP Vic-Conf Gift Account
BSB: 063003 A/C No: 10081787 Ref: Ringwood Conf 447
behalf of the Conference thank you for your donation.

Parish Meetings

Parish Pastoral Council: First Wednesday of Month
Parish Finance Council:
Safeguarding Committee: 7:30pm
Time Out: Third Wednesday of Month 12 noon

Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: Mitcham@cam.org.au

Website: www.stjohnsmitcham.com.au

Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

Venue hire— St Johns

Call Manuela at St John's Parish Office for more information. <https://stjohnsmitcham.com.au/venue-hire>

ST JOHN'S YOUTH GROUP ✦

1st Sunday of Every Month 5PM–8PM

Next gathering will be held on Sunday 3rd May

We start at 5PM Mass then head to the Zebedee Room for:

Pizza

Real conversations

Bible reflections (Sunday readings)

Games + good vibes

A place to belong.

A place to grow.

A place to have fun.

Bring a friend & come through!

For more info please contact the Parish Office at 9401 6366 or mitcham@cam.org.au

Journey through loss

When we lose a loved one, the emotions can be overwhelming, grieving can take many forms. Our friendly and informal gathering gives an opportunity to support each other as we journey through grief and loss. Please join us: Every second Wednesday of the month at 10:30am St John's Parish Office. *Gold coin* donation welcome.

House of Books Monday—Friday 10am - 4pm Saturday 10am -1pm Closed Sundays & Public Holidays.

Finished your 'to be read pile'? Looking for a good book to read? Visit the House of Books, located at 508 Whitehorse Rd, Mitcham, next to St. John's Church.

All books, CD's and DVD's have been donated and there are books for every taste, including fiction and non-fiction and an extensive children's section. Prices generally range from \$1-\$5.