

Sacred Heart Catholic Parish

Yarra Junction



Fifth Sunday in Ordinary Time (Year A)

8 February 2026

readings

Next Week

6th Sunday in Ordinary Time

Sir 15:15-20

Ps 118:1-2, 4-5, 17-18, 33-34

1 Cor 2:6-10

Mt 5:17-37

in a nutshell

Let your light shine! We all have special gifts, but sometimes we fail to recognise this. We may feel that we have little to offer others. That is never true. As Jesus says: 'You are the salt of the earth! You are the light of the world!' Let us ask Jesus to help us to recognise our unique gifts and share them with others.

we pray for

all who are sick or suffering and those parishioners unable to be among us this weekend, especially Fr Pat Purcell, Margaret Marshall, Margaret Broderick, Fida Rees, And For those who have died recently and those whose anniversary occur at this time.

of special note

Ash Wednesday Mass schedule is inside.

Raise Your Voices

Entrance Antiphon

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

Psalm Response

(R.) A light rises in the darkness for the upright.

He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour.

The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord.

With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. (R.)

Gospel acclamation

Alleluia, alleluia!
I am the light of the world, says the Lord; the man who follows me will have the light of life.
Alleluia!

Communion Antiphon

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

The Parish of Sacred Heart

Parish Priest

REV. MICHEL G CORRIVEAU

Parish Secretary

Janine Meades

Parish Office Hours

Thursday
9:00am-4:00pm

Weekly Schedule

St Thomas a Becket, Yarra Junction

Sunday Mass

Sunday—8:30am

Weekday Mass

Wednesday—9:00am
First Friday—11:30am

Reconciliation

Thursday 6:10pm- 6:40pm
Mount Evelyn: Saturday
11:30am-12:30pm

Exposition

Thursday at 6:00pm

Weddings

Please contact the office

Baptisms

Please see Father after Mass

Parish Primary School

St Josephs

Principal: Nick Boyhan

Website:

www.siyarrajunction.catholic.edu.au

Parish Office: 58 Clegg Rd, Mount Evelyn VIC 3796
Tel: (03) 9736 2850

Website: melbcatholic.org/s/upperyarra

Email: mountevelyn@cam.org.au

Child Safety

Child Safety is everyone's responsibility. Our Parish is committed to the care, wellbeing and protection of children, and vulnerable people in our community.

Remember children should be accompanied by an adult to the toilets.

Safeguarding Committee

Fr Michel
Janine Meades
Michael Fahey
Paul Latham
Enzo Torresan
Nino Troiani

Bulletin notices by 12:00 noon Thursday
mountevelyn@cam.org.au

Parish Meetings: February 11
6:00 p.m. Wednesday

SUPPORTING YOUR PARISH

Your financial support can be made via:

- Cash using the stewardship envelopes—call the office for information on how to become a contributor
- Direct Debit BSB 083347 **Sacred Heart Church**: 670642723, Presbytery: 649237379
- Use the QR Code on this page
- The website <https://www.melbcatholic.org/s/upperyarravalley> and choose where you are donating: church, presbytery, maintenance.



Parish Notices

Ash Wednesday Masses—18 February

Yarra Junction, 9:00am (Whole School Mass) & 6:00pm
Mount Evelyn, 11:35am (Whole School Mass) & 7:30pm

Stations of the Cross During Lent 6pm from February 20

We will be praying the Stations of the Cross at St Mary's every Friday during Lent beginning Friday 20 February. Please come and pray this traditional devotion following the path of our Lord to Calvary. Jesus said to St Faustina: *There is more merit to one hour of meditation on My sorrowful Passion than there is to a whole year of flagellation that draws blood; the contemplation of My painful wounds is of great profit to you, and it brings Me great joy.* Mount Evelyn: 6:00 pm.

Lenten Bible Study (Images of Hope)

Come and join us for a Lenten Bible Study on Wednesdays in Lent beginning on 25 February at 7pm and will conclude on Wednesday, 25 March. The Bible Study is entitled "Images of Hope". We will consider events in our Lord's Passion which will enrich our Lent and increase our hope in our Lord's promises for this life and for the life to come. All are welcome to join us for a session or two or for all five! Specific bible passages will be posted shortly. These sessions will be held at St Mary's.

Sacramental Program 2026—Time to Register Now

For Children, not attending the Parish School, wanting to receive the Sacraments, Reconciliation, First Communion and Confirmation, instructions are available through our Parish. Contact the parish office. Lessons will begin at St Mary's on Sunday 1st March after 10:30 Mass for Confirmation and Tuesday 3rd March at 5pm for First Communion.

Adoration of the Blessed Sacrament

After the celebration of the Divine Mysteries, the Lord Jesus remains in the tabernacle, because of this He is praised, especially by Eucharistic Adoration. (Pope Benedict XV)

We all sin, but we do not all acknowledge our sins. It takes honesty and courage to reflect upon our refusals of God's grace and our rejections of his law of love. Pope St. John Paul II suggests that the defining sin of modern times is the loss of the sense of sin. An examination of conscience should be done regularly, always with trust in God's mercy and love and in the power of the Sacrament of Reconciliation.

Adoration, spend time in the presence of the Holy Eucharist: Yarra Junction: Thursday 6:00pm. Mount Evelyn: Tuesday 5:10pm, Friday 8:10am. Confessions available during Adoration.

Stewardship Corner

"Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven." MATTHEW 5:16

The generosity of being a good steward of your gifts has a positive effect on people, and it is contagious! Good works encourages more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God's gifts, the more we want to share them. Good stewards recognize that God is working through them, and they don't put themselves above the people they have been called to help.

Order of Malta Lourdes Day Mass—Saturday 14 February

The Lourdes Mass is held annually on the Saturday closest to the feast day of Our Lady of Lourdes (11 February). The Mass will take place on Saturday 14 February 2026 at 10.30am with Archbishop Peter A Comensoli as the principal celebrant.

Celebration of Venerable Mary Glowrey

A celebration of Venerable Mary of the Sacred Heart Glowrey will be held on Friday 13 March 2026, following Pope Leo XIV's recognition of her heroic virtues. All are welcome at the Mass of Thanksgiving at St Patrick's Cathedral at 5pm, and then for a presentation and reflections at Cathedral Hall, Fitzroy at 6pm.

More information: melbcath.org/maryglowrey

REGISTER FOR PRESENTATION: www.trybooking.com/
DIWCI RSVP: 10 March 2026

January Thanksgiving/Stewardship Report

Total income: \$1551

Total Expenditure: \$1617.73

Mary MacKillop Spirituality Centre Melbourne

Mary MacKillop Spirituality Centre Melbourne provides a warm and welcoming space to explore and nurture your faith. Located on the outskirts of Melbourne's CBD, our Centre is within walking distance of major hospitals, public transport, and key sporting venues. Whether you're seeking peaceful apartment accommodation, attending retreats or reflection days, participating in our educational programs or visiting the museum, we invite you to join us and enrich your spiritual journey. For more information <https://mmsm.org.au/centres/melbourne/> or contact us on admin.mmhc@sosjspirit.org.au or 9926 9300.

Prayer Group

Meets Monday at 9:15 am and Fridays at 9:45 a.m. at St Mary's. For more information please call Maria at 0409 793 001 or just come on in and discover peace in the presence of our Lord in the Eucharist!

This week's Joke!

A boy is selling fish on a corner. To get his customers' attention, he is yelling, "Dam fish for sale! Get your dam fish here!" A pastor hears this and asks, "Why are you calling them 'dam fish.'" The boy responds, "Because I caught these fish at the local dam." The pastor buys a couple fish, takes them home to his wife, and asks her to cook the dam fish. The wife responds surprised, "I didn't know it was acceptable for a preacher to speak that way." He explains to her why they are dam fish. Later at the dinner table, he asks his son to pass the dam fish. He responds, "That's the spirit, Dad! Now pass the bloody potatoes!"

sourced from www.majellan.media

Readings Reflection

[Light Breaking Forth](#)

Jesus came among us as light to scatter the darkness of a fallen world.

As His disciples, we too are called to be "the light of the world," He tells us in the Gospel this Sunday (see John 1:4–4, 9; 8:12; 9:5).

All three images that Jesus uses to describe the Church are associated with the identity and vocation of Israel.

God forever aligned His kingdom with the kingdom of David and his sons by a "covenant of salt," salt being a sign of permanence and purity (see 2 Chronicles 13:5, 8; Leviticus 2:13; Ezekiel 43:24).

Jerusalem was to be a city set on a hill, high above all others, drawing all nations toward the glorious light streaming from her Temple (see Isaiah 2:2; 60:1–3).

And Israel was given the mission of being a light to the nations, that God's salvation would reach to the ends of the earth (see Isaiah 42:6; 49:6).

The liturgy shows us this week that the Church, and every Christian, is called to fulfill Israel's mission.

By our faith and good works we are to make the light of God's life break forth in the darkness, as we sing in this week's Psalm.

This week's readings remind us that our faith can never be a private affair, something we can hide as if under a basket.

We are to pour ourselves out for the afflicted, as Isaiah tells us in the First Reading. Our light must shine as a ray of God's mercy for all who are poor, hungry, naked, and enslaved.

There must be a transparent quality to our lives. Our friends and family, our neighbors and fellow citizens, should see reflected in us the light of Christ and through us be attracted to the saving truths of the Gospel.

So let us pray that we, like St. Paul in the Epistle, might proclaim with our whole lives "Christ, and him crucified."

[Dr. Scott Hahn](#)
stpaulcenter.com

Live in harmony with one another

What is the Christian's responsibility to society?

Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honour.... Live in harmony with one another; do not be haughty, but associate with the lowly.... Live peaceably with all.... Do not be overcome by evil, but overcome evil with good. (Rom 12:9-10, 16, 18, 21)

In order to promote the common good, Christians are required to participate in society by taking responsibility in their family and professional lives, an active role in public life as they are able, and work to strengthen moral values in other individuals and within institutions.

Being a Christian living in the world means more than just a life of prayer and belief in Christ. The moral law and the example of Christ compel us to take an active role in society in whatever way we are able in order to promote the common good. Our love for God and for neighbour and the inherent dignity of the human person demands that we take responsibility for the people around us and for the moral caliber of the world in which we live.

This obligation presents itself first of all in how we carry out our immediate responsibilities. By our personal behaviours, our conscientious professional work, and our care for the education and well-being of our families, we fulfilled the first level of this social responsibility. Because the family is the basic unit of society, strong and healthy families contribute to a strong and healthy society.

We ought to work within our various societies — family, neighbourhood, social organisations, acquaintances, professional organisations, parish, student organisations, fellow hobbyists, etc. — for the continual conversion of society to conform more closely with the moral law so the common good may be better served in a climate of justice and peace. We should also be involved in civic life as we are able, exercising the right to vote responsibly, advocating for or against proposed legislation, or working with civic officers in an elective or volunteer role. By engaging the culture at all levels — from private conversations to organising public action — we can help transform society so all citizens may enjoy the personal freedoms and opportunities for fulfilment that are their right in keeping with their dignity as human persons.

From the Didache Bible

1912 The common good is always oriented towards the progress of persons: “The order of things must be subordinate to the order of persons, and not the other way around.” This order is founded on truth, built up in justice, and animated by love.

1913 “Participation” is the voluntary and generous engagement of a person in social interchange. It is necessary that all participate, each according to his position and role, in promoting the common good. This obligation is inherent in the dignity of the human person.

1914 Participation is achieved first of all by taking charge of the areas for which one assumes personal responsibility: by the care taken for the education of his family, by conscientious work, and so forth, man participates in the good of others and of society.

1915 As far as possible citizens should take an active part in public life. The manner of this participation may vary from one country or culture to another. “One must pay tribute to those nations whose systems permit the largest possible number of the citizens to take part in public life in a climate of genuine freedom.”

1916 As with any ethical obligation, the participation of all in realizing the common good calls for a continually renewed conversion of the social partners. Fraud and other subterfuges, by which some people evade the constraints of the law and the prescriptions of societal obligation, must be firmly condemned because they are incompatible with the requirements of justice. Much care should be taken to promote institutions that improve the conditions of human life

2239 It is the duty of citizens to contribute along with the civil authorities to the good of society in a spirit of truth, justice, solidarity, and freedom. The love and service of one's country follow from the duty of gratitude and belong to the order of charity. Submission to legitimate authorities and service of the common good require citizens to fulfill their roles in the life of the political community

From the Catechism of the Catholic Church